

PROCLAMATION

WHEREAS: Mental health is an essential component to overall health and well-being; and

WHEREAS: According to the National Institute of Mental Health, 43.8 million adults in America – or one in five – experience mental illness in a given year. Its studies also reveal that one-half of all chronic mental illness begins by the age of 14 and three-quarters by the age of 24; and

WHEREAS: Symptoms of mental illness can vary in severity and appearance depending on the diagnosis, current circumstances, or individual; and

WHEREAS: Americans of all ages, genders, races and socioeconomic status can experience times of difficulty and stress in their lives that contribute to their mental health; and

WHEREAS: The stigma surrounding mental illness can cause sufferers to delay or neglect seeking treatment. With early and effective diagnoses and treatment, individuals with mental health conditions can manage their needs and lead full, productive lives; and

WHEREAS: Each business, school, government agency, healthcare provider, organization and citizen shares a responsibility in promoting and supporting mental health awareness.

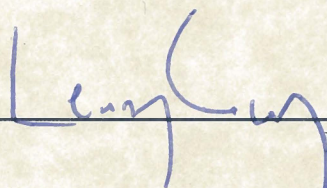
NOW, THEREFORE, I, LENNY CURRY, by virtue of the authority vested in me as mayor of Jacksonville, Florida, do hereby proclaim May 2019 as

MENTAL HEALTH AWARENESS MONTH

in Jacksonville and encourage all citizens to increase awareness and understanding of mental health, commit to engaging in practices that promote mental health, and advocate for appropriate and accessible services for all people with mental health needs.



IN WITNESS THEREOF, this 1st day of March
in the year Two Thousand 19


MAYOR

CITY OF JACKSONVILLE, FLORIDA