

Southside Senior Center

10080 Beach Boulevard

Jacksonville, FL 32246

(904) 255-6940 | Specialist: Tomeraine Pierre

& Addisaia Reynolds

Monday – Friday, 8am to 5pm



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Walking for Health 8 a.m. Canasta 8:30 a.m. Bingo 11 a.m. Chair Exercise (V) 9 a.m. & 1 p.m. Knitting/Crocheting 1 p.m.	Walking for Health 8 a.m. Chair Exercise (V) 9 a.m. & 1 p.m. Mahjong 1 p.m. Rummikub/Dominoes 1 p.m.	Walking for Health 8 a.m. Chair Exercise (V) 9 a.m. & 1 p.m. Open Art Studio 9 a.m. Ukulele/Singalong 11 a.m. Urban Ballroom Dance 6 p.m.	Walking for Health 8 a.m. Canasta 8:30 a.m. Card Games 8:30 a.m. Chair Exercise (V) 9 a.m. & 1 p.m. Loteria Spanish Bingo 10 a.m.	Walking for Health 8 a.m. Chair Exercise (V) 9 a.m. & 1 p.m. Bible Study 10 a.m. Tai Chi w/Kathleen 10 a.m. Bingo 11 a.m. Rummikub/Dominoes 1 p.m.
	1 Neighborhood Watch Meeting 6 p.m.	2 Spanish Class 10 a.m. Outing: Hope's Closet 10:30 a.m.	3 Northwest Behavioral Health w/Charles Timmons 10 a.m. Outing: Shrimp Shack 10:30 a.m.	4 Spanish Class (Beginners) 10 a.m. Nature Walk 10 a.m.
7 CENTER CLOSED 	8 Outing: Shrimp Shack 10 a.m.	9 Outing: Publix 10:30 a.m. CENTER CLOSSES EARLY	10 Trivia w/Christine Hines of Dedicated Senior Medical Center 12 p.m.	11 National Senior Center Month "Saddle Up" Celebrating the Heart of Our Herd with a Western Social Prize for "Best Dressed Cowboy" and "Best Dressed Cowgirl" 10:30 a.m. – 1:30 p.m. All Other Activities Are Canceled
14 Spanish Class 10 a.m. Bingo Extravaganza sponsored by Dedicated 2 p.m.	15 Lunch & Learn w/Darlene Robinson-Vinson of Humana 12 p.m.	16 Outing: Walmart Supercenter 10:30 a.m. Event w/Karen Britt of ArchWell 11 a.m.	17 Nutrition Education 11 a.m.	18 Spanish Class (Beginners) 10 a.m. Outing: Wii Friendship Bowling at Riverview 10 a.m.
21 Spanish Class 10 a.m.	22 Outing: Senior Wellness Celebration Community Health Fair Hosted by Innovacare Health at Riverview 10:30 a.m.	23 Outing: Bridge the Gap 10 a.m.	24 Game Day – Game On! Seniors Edition 10:30 a.m. – 3:30 p.m. 	25 Spanish Class (Beginners) 10 a.m.
28 Spanish Class 10 a.m.	29 Outing: "70's Theme" Birthday Party Hosted at Riverview 10 a.m. 	30	Breakfast Served Daily at 9 a.m. Lunch Served Daily at 12:00 p.m. *Must Sign Up for Meals **Activities Subject to Change (V)=Video (I)= Instructor	