## **MAXVILLE SENIOR CENTER**

## **OCTOBER 2025**

18065 Pennsylvania Avenue ~ Jacksonville, FL 32234 ~ (904) 255-6740 Specialist: Addisaia Reynolds

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Current Events 9 a.m. Chair Exercises 10 a.m. Manicure & Mock Mimosas 1 p.m.	Walking w/Weights 10 a.m. History Lesson 11 a.m. Cornhole 1 p.m.	Nutritional Education 10 a.m. Bingo 11 a.m. Trivia 1 p.m.	Stretching w/DeeDee 10 a.m. Ceramics 11 a.m. Get Up and Dance 1 p.m.	Billiards 10 a.m. Checkers 11 a.m. Haircut Fridays 1 p.m.
			Shuffleboard, Wii, Exercise, Skip Bo, Cha vive meals. / Activities are Subject to C	
		Nutritional Education 10 a.m.  Bingo 11 a.m.  Trivia 1 p.m.	2 Field Trip China Buffet & TJ Max 10:30 a.m.	3 Billiards 10 a.m. & 1 p.m. Checkers 11 a.m.  Haircut Fridays 1 p.m.
6 Current Events 9 a.m. Chair Exercises 10 a.m.  Manicure & Mock Mimosas 1 p.m.	7 The Doctor's Center Pantry & Blood Pressure with Javier Precup History Lesson 11 a.m.	8 Bingo 11 a.m.  Trivia 1 p.m. CENTER CLOSES EARLY FOR CAS MEETING	9 Field Trip Shrimp Shack 10:30 a.m.	10 Billiards 10 a.m. & 1 p.m. Checkers 11 a.m.  Haircut Fridays 1 p.m.
13 Current Events 9 a.m. Chair Exercises 10 a.m.	14 Field Trip Chicken Salad Chick 10:30 a.m.	15 Bingo 11 a.m. Trivia 1 p.m.	16 Field Trip Lane Wiley for Super Bingo 10 a.m	17 Billiards 10 a.m. & 1 p.m. Checkers 11 a.m.  Haircut Fridays 1 p.m.
Manicure & Mock Mimosas 1 p.m.  20 Current Events 9 a.m.  Chair Exercises 10 a.m.  Manicure & Mock Mimosas 1 p.m.	21 Walking w/Weights 10 a.m. History Lesson 11 a.m.	22 Nutritional Education with Dietician Sharon Topic: Vitamin B-12 ~ 11 a.m.  Trivia 1 p.m.	23 Field Trip Aldi's & Chick-fil-A 10:30 a.m.	24 Arboretum and Gardens Fall In Love with Nature Hike and Stroll 10 ~ 12
27 Current Events 9 a.m. Chair Exercises 10 a.m. Manicure & Mock Mimosas 1 p.m.	28 Field Trip Farmer's Market & Gator BBQ 10:30 a.m.	29 Fall Resource Festival Extension Office 10 ~ 12	30 Stretching w/DeeDee 10 a.m. Ceramics 11 a.m. Get Up and Dance 1 p.m.	31 Billiards 10 a.m. & 1 p.m. Checkers 11 a.m.  Haircut Fridays 1 p.m.