Lincoln Villa Senior Center

7866 New Kings Road
Jacksonville, FL 32219
(904) 255-6811 | Specialist: Tonya Martin

Monday - Friday, 8am to 5pm



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chair Exercise 9:30am **Current Events** 11:00am **Trivia** 11:15am	**Chair Exercise** 9:30am **Current Events** 11:00am **Trivia** 11:15am	**Chair Exercise** 9:30am **Current Events** 11:00am **Trivia** 11:15am	**Chair Exercise** 9:30am **Current Events** 11:00am **Trivia** 11:15am	**Chair Exercise** 9:30am **Current Events** 11:00am **Trivia** 11:15am
2 Participant Meeting 10 a.m. Advisory Banking/Shopping 10:30 a.m. Bible Knowledge 11 a.m.	**3** Beginner Sewing Class 10 a.m.	**4** Senior Expo Adam Herbert Center UNF 10 – 12 Arthritis Foundation Exercise w/Sherri of Northeast Florida AHEC 10 a.m.	**5**	**6** Arthritis Foundation Exercise w/Sherri of Northeast Florida AHEC 10 a.m.
9 Advisory Meeting 10:15 a.m. Bible Knowledge 11 a.m.	**10** Northwest Behavior Health w/Charles Timmons 9:30 a.m. Presentation: JTA w/Tsopie Trottie 10 a.m. Beginner Sewing Class 10:30 a.m.	**11** Closed in Observance of 	**12** Outing: Thanksgiving Luncheon 10 a.m.	**13** Arthritis Foundation Exercise w/Sherri of Northeast Florida AHEC 10 a.m. Senior Smart Scam/Fraud Presentation w/Angela Scott of the Florida Bar Business Law 11 a.m.  Birthday Celebration w/Cheryl and William of CarePlus 12 p.m.
16 Outing: Longhorn 10:45 a.m. Bible Knowledge 11 a.m.	**17** Autumn Movie Matinee Downtown Library 10 a.m. Beginner Sewing Class 10 a.m.	**18** Arthritis Foundation Exercise w/Sherri of Northeast Florida AHEC 10 a.m. Bible Study 10 a.m.	**19** Outing: Joan Turner Luncheon 10:15 a.m. Tai-Chi w/Charles Macabasco Conviva 10:15 a.m.	**20** Tea at the Terry Ritz Chamber Players at J.U. 12:30 – 2 p.m. Bingo 10 a.m.
23 Nutrition Education: Healthy Latino Foods 9:45 a.m. Advisory Banking/Shopping 10 a.m. Bible Knowledge 11 a.m.	**24** Karaoke w/Wilbert Thorpe 10 a.m.  Beginner Sewing Class 10 a.m.	**25** Arthritis Foundation Exercise w/Sherri of Northeast Florida AHEC 10 a.m. Bible Study 10 a.m. Outing: Roses, Burlington 10 a.m.	**26** Closed in Observance of 	**27** Closed in Observance of 
30 Outing: Thrift Store 10:15 a.m. Bible Knowledge 11 a.m.			Breakfast Served Daily at 9 a.m. Lunch Served Daily at 12:00 p.m. *Must Sign Up for Meals **Activities Subject to Change (V)=Video (I)= Instructor	