

# Maxville Senior Center

18065 Pennsylvania Avenue

Jacksonville, FL 32234

(904) 255-6740 | Specialist: Charles Webster

Monday – Friday, 8am to 5pm



| MONDAY                                                                                                               | TUESDAY                                                                                                                           | WEDNESDAY                                                                                                                                                                      | THURSDAY                                                                                                                                        | FRIDAY                                                                                                                     |
|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|
| <b>Chair Exercises</b> 9 a.m.<br><b>Coffee/Current Events</b> 10 a.m.                                                | <b>Chair Exercises</b> 9 a.m.<br><b>Coffee/Current Events</b> 10 a.m.<br><b>Chair Volleyball</b> 1 p.m.                           | <b>Chair Exercises</b> 9 a.m.<br><b>Coffee/Current Events</b> 10 a.m.<br><b>Bingo</b> 11 a.m.<br><b>Genealogy for Seniors</b> 1 p.m.                                           | <b>Chair Exercises</b> 9 a.m.<br><b>Coffee/Current Events</b> 10 a.m.<br><b>Chair Volleyball</b> 11 a.m.                                        | <b>Chair Exercises</b> 9 a.m.<br><b>Coffee/Current Events</b> 10 a.m.<br><b>Group Discussion</b> 1 p.m.                    |
| <b>Meals are not served at this center at this time.</b>                                                             |                                                                                                                                   |                                                                                                                                                                                | <b>1</b><br><b>Chair Exercises</b> 9 a.m.<br><b>Chair Volleyball</b> 1 p.m.                                                                     | <b>2</b><br><b>Coffee/Current Events</b> 10 a.m.<br><b>Group Discussion</b> 11 a.m.                                        |
| <b>5</b><br><b>Chair Exercises</b> 9 a.m.<br><b>Card and Board Games</b><br><b>Jigsaw/Word Puzzles</b>               | <b>6</b><br><b>Coffee/Current Events</b> 10 a.m.<br><b>Computer Lab</b><br><b>Pool Table</b><br><b>Shuffleboard</b>               | <b>7</b><br><b>Chair Exercises</b> 9 a.m.<br><b>Genealogy for Seniors</b> 11 a.m.<br><b>Jigsaw/Word Puzzles</b><br><b>Computer Lab</b>                                         | <b>8</b><br><b>Coffee/Current Events</b> 10 a.m.<br><b>Card and Board Games</b><br><b>Jigsaw/Word Puzzles</b>                                   | <b>9</b><br><b>Chair Exercises</b> 9 a.m.<br><b>Card and Board Games</b><br><b>Jigsaw/Word Puzzles</b>                     |
| <b>12</b><br><b>Coffee/Current Events</b> 10 a.m.<br><b>Computer Lab</b><br><b>Pool Table</b><br><b>Shuffleboard</b> | <b>13</b><br><b>Chair Exercises</b> 9 a.m.<br><b>Chair Volleyball</b> 1 p.m.<br><b>Jigsaw/Word Puzzles</b><br><b>Computer Lab</b> | <b>14</b><br><b>Coffee/Current Events</b> 10 a.m.<br><b>Chair Exercises</b> 9 a.m.<br><b>Genealogy for Seniors</b> 11 a.m.                                                     | <b>15</b><br><b>Chair Exercises</b> 9 a.m.<br><b>Chair Volleyball</b> 1 p.m.<br><b>Computer Lab</b><br><b>Pool Table</b><br><b>Shuffleboard</b> | <b>16</b><br><b>Coffee/Current Events</b> 10 a.m.<br><b>Group Discussion</b> 11 a.m.                                       |
| <b>19</b><br><b>Chair Exercises</b> 9 a.m.<br><b>Card and Board Games</b><br><b>Jigsaw/Word Puzzles</b>              | <b>20</b><br><b>Coffee/Current Events</b> 10 a.m.<br><b>"Not So Spooky" Movie Matinee</b><br><b>Downtown Library</b> 10 a.m.      | <b>21</b><br><b>Chair Exercises</b> 9 a.m.<br><b>Nutrition Education</b><br><b>"Improving Your Health Literacy" w/Charlie:</b> 10 a.m.<br><b>Genealogy for Seniors</b> 11 a.m. | <b>22</b><br><b>Coffee/Current Events</b> 10 a.m.<br><b>Card and Board Games</b><br><b>Jigsaw/Word Puzzles</b>                                  | <b>23</b><br><b>Chair Exercises</b> 9 a.m.<br><b>Computer Lab</b><br><b>Pool Table</b><br><b>Shuffleboard</b>              |
| <b>26</b><br><b>Coffee/Current Events</b> 10 a.m.<br><b>Computer Lab</b><br><b>Pool Table</b><br><b>Shuffleboard</b> | <b>27</b><br><b>Chair Exercises</b> 9 a.m.<br><b>Chair Volleyball</b> 1 p.m.<br><b>Jigsaw/Word Puzzles</b><br><b>Computer Lab</b> | <b>28</b><br><b>Coffee/Current Events</b> 10 a.m.<br><b>Genealogy for Seniors</b> 11 a.m.                                                                                      | <b>29</b><br><b>Chair Exercises</b> 9 a.m.<br><b>Chair Volleyball</b> 1 p.m.<br><b>Jigsaw/Word Puzzles</b><br><b>Computer Lab</b>               | <b>30</b><br><b>Coffee/Current Events</b> 10 a.m.<br><b>Group Discussion</b> 11 a.m.<br><b>Nutrition Counseling</b> 1 p.m. |