

Jim Fortuna Senior Center

11751 McCormick Road
Jacksonville, FL 32225

(904) 255-6844 | Specialist: Courtney Cowles

Monday – Friday, 8am to 5pm



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
American History 10am Chinese Mahjong 11:30am Quilt & Sew 12pm Chair Volleyball & Free Play 12:30 – 2pm Bible Study 1pm Senior Fitness 3pm	Tai Chi 8:30am (V) Pinochle 8:30am Fun Bridge 9am Movie 12:45pm Line Dance 1pm Stretching 3pm	Cookie Bridge 9:30am Pinochle 10am Trivia 11am Crochet & Knitting 12pm Team Volleyball Practice 12pm Mahjong 12pm Line Dance 1pm Chair Volleyball 1:30pm	Wood Carving 8am Pinochle 9am Ladies Canasta 9:30am Drumming Cardio 10:30am (V) Bridge Too Far 10:30am Line Dancing 1pm Ballroom Dance 2pm Senior Fitness 3pm	Chair Exercise 8:30am (V) Ladies Canasta 9am Chinese Folk Dancing 9:30am Aerobics Class 11am (V) Chess 11:30am Chinese Mahjong 12pm Table Tennis 12pm Chair Volleyball 1:10pm
Breakfast Served Daily at 9 a.m. *Must Sign Up for Meals **Activities Subject to Change (V)=Video (I)= Instructor		Garden Clean-up Day! (Bring in a plant or flower) Let's Beautify our Garden! 9 a.m. 9/19 & 9/20	1 Breast Cancer Awareness Month! Cool Chic's Bridge 1 p.m.	2 Outing: Hike and Stroll Jacksonville Arboretum and Botanical Gardens 11 a.m.
5 Collection Starts for "Be an Angel" Men's Morning Coffee Group 10 a.m.	6 Canasta Gals 11 a.m. 	7 Site Council Meeting 9:00 a.m. Spanish Class 10 a.m. Mexican Bingo 11 a.m. Chair Volleyball Clinic with Nelson of Careplus 12–1 p.m.	8 Presentation with Marguerite w/Senior Companion Program 11:30 a.m.	9 Fitness with Linton of Careplus 10 a.m.
12 Men's Morning Coffee Group 10 a.m. 	13 Members of Fortuna Meeting 12:30 p.m. Presentation with Edward of Home Helpers of SE Jacksonville "Dementia Support" 11 a.m.	14 Outing: Bridge the Gap (Food Commodities) 9:30 a.m. Spanish Class 10 a.m. Mexican Bingo 11 a.m. Cool Chic's Bridge 1 p.m.	15 Bingo Bash 11:15 a.m. – 12:15 p.m. Nutrition Education Topic: Improving your Health Literacy 10 a.m.	16 Seniors on a Mission Cell Phone Training 10 a.m. (30 Minute Time Slots) Please Sign Up! UNF PT Clinic (Individual Sessions) 10 – 11 a.m.
19 Men's Morning Coffee Group 10 a.m. 	20 Canasta Gals 11 a.m. "Not So Spooky" Movie Matinee Downtown Library 10 a.m. Outing: Chow's Country Buffet 12 p.m. **NO BUS** 	21 Site Council Voting Date! 8 a.m. – 4 p.m. Wacky Wednesday Meal "Chili Cook Off" 11:30 a.m. \$5 / \$6 (Collected the day of)	22 Outing: North Florida School for Special Education 10 a.m. Tai Chi with Charles of Conviva 11:30 a.m.	23 Fitness with Linton of Careplus 10 a.m. Fall Craft Class with Kathy 10 a.m. – 12p.m. Marathon Bridge 11 a.m.
26 Men's Morning Coffee 10 a.m. Northwest Behavioral Health Group Sessions with Charles 10 a.m.	27 Genealogy Presentation with Charley of Maxville 11 a.m.	28 Spanish Class 10 a.m. Mexican Bingo 11 a.m. Cool Chic's bridge 1 p.m.	29 Halloween Potluck and Music w/Lisi and Nelson of Careplus Costume Contest and Raffle 11:30 a.m.	30 Birthday Celebration 12 p.m.