Jim Fortuna Senior Center

11751 McCormick Road
Jacksonville, FL 32225

(904) 255-6844 | Specialist: Courtney Cowles

Monday - Friday, 8am to 5pm



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
American History 10am **Chinese Mahjong** 11:30am **Quilt & Sew** 12pm **Chair Volleyball & Free Play** 12:30 -2pm **Bible Study** 1pm **Senior Fitness** 3pm	**Tai Chi** 8:30am (V) **Pinochle** 8:30am **Fun Bridge** 9am **Movie** 12:45pm **Line Dance** 1pm **Stretching** 3pm	**Cookie Bridge** 9:30am **Pinochle** 10am **Trivia** 11am **Crochet & Knitting** 12pm **Team Volleyball Practice** 12pm **Mahjong** 12pm **Line Dance** 1pm **Chair Volleyball** 1:30pm	**Wood Carving** 8am **Pinochle** 9am **Ladies Canasta** 9:30am **Drumming Cardio** 10:30am (V) **Bridge Too Far** 10:30am **Line Dancing** 1pm **Ballroom Dance** 2pm **Senior Fitness** 3pm	**Chair Exercise** 8:30am (V) **Ladies Canasta** 9am **Chinese Folk Dancing** 9:30am **Aerobics Class** 11am (V) **Chess** 11:30am **Chinese Mahjong** 12pm **Table Tennis** 12pm **Chair Volleyball** 1:10pm
2 Men's Morning Coffee Group 10 a.m.	**3** Canasta Gals 11 a.m.	**4** Jim Fortuna Site Council Meeting 9 a.m. Senior Expo Adam Herbert Center UNF 10 - 12 	**5** Lifestyle Change for a Healthier Future w/ Debra of Dissolving Diabetes Program 11:30 a.m. Cool Chic's Bridge 1 p.m.	**6** Veterans Day Celebration with Guest Jack playing the Banjo 11:30 a.m.
9 Men's Morning Coffee Group 10 a.m.	**10** Members of Fortuna Meeting 12:30 p.m.	**11** Closed in Observance of 	**12** Be an Angel Donations End! Hands on CPR Class w/Doug of American Red Cross 11:30 a.m. Please Sign Up!	**13** Fitness w/Linton of Careplus 10 a.m. Christmas Craft Class w/Kathy 11 a.m.- 1 p.m.
16 Men's Morning Coffee Group 10 a.m.	**17** Canasta Gals 11 a.m. Outing: Golden Corral 12 p.m. *Self-transport Autumn Movie Matinee Downtown Library 10 a.m.	**18** Chair Volleyball Clinic w/Nelson of Careplus 12-1 p.m.	**19** Bingo Bash 11:15 a.m.-12:15 p.m. Nutrition Education 10 a.m. Outing: Joan Turner Luncheon 11 a.m.-2 p.m. Please Sign Up!	**20** Thanksgiving Celebration 11:30 a.m. Birthday Celebration 12 p.m. 
23 Northwest Behavioral Health Services 10 a.m. Men's Morning Coffee Group 10 a.m.	**24** Tai Chi w/Charles of Conviva 11 a.m.	**25** Cool Chics Bridge 1 p.m. *No Morning Games	**26** Closed in Observance of 	**27** Closed in Observance of 
30 Men's Morning Coffee Group 10 a.m.			Breakfast Served Daily at 9 a.m. *Must Sign Up for Meals **Activities Subject to Change (V)=Video (I)= Instructor	