

Oceanway Senior Center

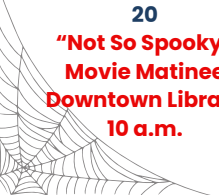
12215 West Sago Avenue

Jacksonville, FL 32218

(904) 255-6855 | Specialist: Donna Sizemore

Monday - Friday, 8am to 5pm



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bingo 9:15 am Jigsaw/Word Puzzles Board/Card Games Adult Coloring Billiards Walking	Bingo 9:15 am Jigsaw/Word Puzzles Board/Card Games Adult Coloring Billiards Walking	Bible Study 10 am Jigsaw/Word Puzzles Board/Card Games Adult Coloring Billiards Walking	Bingo 9:15 am Jigsaw/Word Puzzles Board/Card Games Adult Coloring Billiards Walking	Bingo 9:15 am Jigsaw/Word Puzzles Board/Card Games Adult Coloring Billiards Walking
Bring individually wrapped Candy for our Halloween Fun October 30th 	Breakfast Served Daily at 9 a.m. Lunch Served Daily at 12:00 p.m. *Must Sign Up for Meals **Activities Subject to Change (V)=Video (I)=Instructor		1 Chair Exercise 9:30 a.m. 	2 Nutrition Education: "Improving Your Health Literacy" w/Donna 10:30 a.m.
5 Music Bingo hosted by Peyton ArchWell Health 10:30 a.m. Coach Jacobs - Candidate for School Board 12:10 p.m.	6 Learning Spanish with Ms. Pat 11:00 a.m. Site Council Meeting 1:30 p.m.	7 Bible Study 10 a.m. Outing: Publix 10:30 a.m. Line Dance 1:30 p.m.	8 Outing: Carvill Senior Center Health Fair and Flea Market 10-1 Bus leaves 10 a.m. Participant's Meeting 12 p.m.	9 Chair Exercise 9:45 a.m. Tea and Poem Reading Sponsored by Site Council 10:30 a.m. 
12 Site Council Election All Day  Fun Craft Activity 9:30 a.m. Registration Required	13 Chair Exercise 9:30 a.m.  Outing: Pickle Factory 10:30 a.m.	14 Outing: Bridge the Gap Bus leaves at 9:15 a.m. (Bring a reuseable bag) Bible Study 10 a.m. Line Dance 1:30 p.m.	15 Chair Exercise 9:30 a.m.  Feeding Northeast Florida Healthy Eating Presentation 10:30 a.m.	16 University of North Florida Physical Therapy Clinic (on-site) 9:30 - 11:30 a.m.
19 Chair Exercise 9:45 a.m.  Outing: Zaxby's 10:30 a.m.	20 "Not So Spooky" Movie Matinee Downtown Library 10 a.m. 	21 Chair Exercise 9:45 a.m.  Bible Study 10 a.m. Line Dance 1:30 p.m.	22 Learning Spanish with Ms. Pat 11 a.m. *Celebration of 1956 for those turning 70. Dress in 70's attire All Day!	23 Katura, Northwest Behavioral Group 10:30 a.m.
26 Medicare Information and Bingo w/Rob Loryea Bradshaw Insurance 10:30 a.m.	27 Outing: Rowe's IGA 10:30 a.m.	28 Bible Study 10 a.m. Line Dance 1:30 p.m.	29 Movie: TBD (Halloween Theme) 10:30 a.m. 	30 Halloween Fun 11 a.m. Birthday Celebrations 11:45 a.m. 