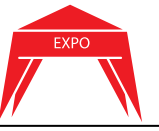
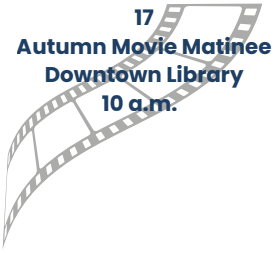
Frances Padgett Arlington Senior Center

1078 Rogero Road
Jacksonville, FL 32211
(904) 255-6733 | Specialist: Ila Hawkins-Riley

Monday - Friday, 8am to 5pm



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chair Yoga 8:30 a.m. **Word Games** 9:30 a.m. **Morning Walk** 10 a.m. **Computer Class** 10:30 a.m. **Zumba** 10:30 a.m. **Bingo** 12 p.m.	**Blood Pressure** 9:30 a.m. **Historical Studies** 10 a.m. **Morning Walk** 10 a.m. **Current Events** 11 a.m. **Jazzco Line Dance** 12:30 p.m. **Square Dance** 7 p.m.	**Chair Yoga:** 8:30 a.m. **Trivia** 9:30 a.m. **Morning Walk** 10 a.m. **Zumba** 10:30 a.m. **Computer Class** 12 p.m. **Ballroom Dancing** 7 p.m.	**Blood Pressure** 9:30 a.m. **Historical Studies** 10 a.m. **Morning Walk** 10 a.m. **Current Events** 11 a.m. **Bingo** 12 p.m.	**Chair Yoga** 8:30 a.m. **Word Games** 9:30 a.m. **Current Events** 11 a.m. **Bingo** 12 p.m.
2 **Share Day** **10 a.m.** 	**3** **Magnolia Grace Senior Care** **11 a.m.** **Crochet Class** **11 a.m.**	**4** **Pajama Day /Story Telling** **9 a.m.** **Sugar Busters Lunch & Learn w/Darlene** **10 a.m.**	**5** **Senior Expo Adam Herbert Center UNF** **10 – 12 p.m.** 	**6** **Jaguar Attire Day** **Spanish Class 10 a.m.** **Northwest Behavioral** **10:30 a.m.** **Tai Chi w/ Conviva & Florida Blue** **11 a.m.**
9 **Outing: Wal-Mart** **10 a.m.** **Dedicated:** **Stick with the Music** **11 a.m.**	**10** **Fall Prevention Presentation w/Chris** **10 a.m.** **Honoring Veterans Celebration 11 a.m.**	**11** **Closed in Observance of** 	**12** **Outing: Longhorn Steakhouse** **11 a.m.** **COJ Resource Workshop** **10 a.m.**	**13** **Site Council** **10 a.m.** **Trivia w/Dawn Epstein** **10 a.m.**
16 **Outing: Ross Department Store** **10 a.m.**	**17** **Autumn Movie Matinee Downtown Library** **10 a.m.** 	**18** **American Care 9 a.m. Food Bag for Thanksgiving Brunch w/Care Plus** **10 a.m.** **Bunko 12 p.m.**	**19** **Super Bingo! Special Guest Lincoln Villa, Southside and Lane Wiley Senior Centers** **10 a.m.**	**20** **Monopoly w/Sabrena** **10 a.m.** **Tea at the Terry Ritz Chamber Players** **12:30 – 2 p.m.**
23 **Movie Day (TBD)** **9:30 a.m.**	**24** **Let's Make a Deal w/Humana** **10 a.m.**	**25**  **Frances Padgett Friends -Giving Celebration** **10:30 a.m.**	**26** **Closed in Observance of** 	**27** **Closed in Observance of** 
30 **Outing: International Market** **10 a.m.**			**Breakfast Served Daily at 9 a.m.** **Lunch Served Daily at 12:00 p.m.** ***Must Sign Up for Meals** ****Activities Subject to Change** **(V)=Video (I)= Instructor**	