

Presented by the City of Jacksonville and **Humana**.

WALK FOR SENIOR WELLNESS

*Must be 60 or over and live in Duval County

Join us as we promote a healthy and active lifestyle through a one mile walk at Friendship Fountain.

**Must be able to walk one mile unassisted

Engage | Enrich | Enlighten | Empower



FRIDAY, MARCH 20, 2026

10 AM - 1 PM Registration Required

- **Lunch Provided**
(must complete the walk)
- **Age 60 and older only**
- **Participation Spots Limited**

 **Friendship Fountain**
1015 Museum Cir.
Jacksonville, FL 32207

 **(904)-255-5667** For more details



 **Participant Registration Required**

Registration Begins 2/9
Registration Ends 3/13

Full Name _____

Email _____

Telephone _____

DOB _____

Zip Code _____

**I affirm that I am able to walk
one mile unassisted (INITIAL
REQUIRED)** _____

Email registration form to StacyS@coj.net or in-person at
City Hall 117 W. Duval St. Ste. 280
Monday-Friday 8 am- 5 pm

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