

Presented by the City of Jacksonville and **Humana.**

# WALK FOR SENIOR WELLNESS

**\*Must be 60 or over and live in Duval County**

Join us as we promote a healthy and active lifestyle through a one mile walk at Friendship Fountain.


**\*\*Must be able to walk one mile unassisted**

**Engage | Enrich | Enlighten | Empower**



**FRIDAY, MARCH 20, 2026**  
**10 AM - 1 PM** Registration Required

- **Lunch Provided**  
(must complete the walk)
- **Age 60 and older only**
- **Participation Spots Limited**

 **Friendship Fountain**  
1015 Museum Cir.  
Jacksonville, FL 32207  
 **(904)-255-5667** For more details



▼ **Participant Registration Required**

**Registration Begins 2/9**  
**Registration Ends 3/13**

Full Name \_\_\_\_\_

Email \_\_\_\_\_

Telephone \_\_\_\_\_

DOB \_\_\_\_\_

Zip Code \_\_\_\_\_

**I affirm that I am able to walk  
one mile unassisted (INITIAL  
REQUIRED)** \_\_\_\_\_

Email registration form to **StacyS@coj.net** or in-person at  
**City Hall 117 W. Duval St. Ste. 280**  
**Monday-Friday 8 am- 5 pm**

