

November Breakfast Menu Senior Services

Food Vendor Aging True

Meal Reservations Required

3 Orange Juice Fruit Yogurt Peanut Butter Oatmeal English Muffin Applesauce 1% Milk Butter/Jelly	4 Cranberry Juice String Cheese Hard Boiled Egg Frosted Mini Wheats Whole Wheat Bread Mandarin Orange 1% Milk Butter/Jelly	5 Grape Juice Peanut Butter String Cheese Cheerios Cereal Nutrigrain Bar Tropical Fruit Cup 1% Milk	6 Orange Juice Hard Boiled Egg Fruit Yogurt Raisin Bran Cereal Bagel Peach Fruit Cup 1% Milk Cream Cheese/Jelly	7 Apple Juice String Cheese Peanut Butter Oatmeal Whole Wheat Bread Pear Fruit Cup 1% Milk Butter/Jelly
10 Cranberry Juice Hard Boiled Egg Fruit Yogurt Oatmeal Whole Wheat Bread Mandarin Orange 1% Milk Butter/Jelly	11 Closed 	12 Apple Juice Peanut Butter String Cheese Cheerios English Muffin Tropical Fruit Cup 1% Milk Butter/Jelly	13 Orange Juice Hard Boiled Egg String Cheese Oatmeal Cinnamon Toast Crunch Bar Applesauce 1% Milk Butter/Jelly	14 Grape Juice Peanut Butter Fruit Yogurt Cornflakes Whole Wheat Bread Peach Fruit Cup 1% Milk Butter/Jelly
17 Cranberry Juice Fruit Yogurt Hard Boiled Egg Oatmeal Whole Wheat Bread Pear Fruit Cup 1% Milk Butter/Jelly	18 Orange Juice String Cheese Peanut Butter Honey Nut Cheerios Cinnamon Toast Crunch Bar Applesauce 1% Milk	19 Fruit Blend Juice String Cheese Hard Boiled Egg Oatmeal Whole Wheat Bread Mandarin Orange 1% Milk Butter/Jelly	20 Grape Juice Hard Boiled Egg Fruit Yogurt Raisin Bran Cereal Nutrigrain Bar Pear Fruit Cup 1% Milk	21 Orange Juice Fruit Yogurt Peanut Butter Frosted Mini Wheats English Muffin Tropical Fruit Cup 1% Milk Butter/Jelly
24 Orange Juice Fruit Yogurt Peanut Butter Oatmeal English Muffin Applesauce 1% Milk Butter/Jelly	25 Cranberry Juice String Cheese Hard Boiled Egg Frosted Mini Wheats Whole Wheat Bread Mandarin Orange 1% Milk Butter/Jelly	26 Grape Juice Peanut Butter String Cheese Cheerios Cereal Nutrigrain Bar Tropical Fruit Cup 1% Milk	27 Closed Thanksgiving 	28 Closed 

Menu Prepared by Mandy Patrick, MS, RD, LD with Aging True, 4250 Lakeside Dr #116, Jacksonville, FL 32210

Menu Approved by Sharon M Lutheran, MSH, RDN, LDN Department of Senior Services, City of Jacksonville, FL. Date of Approval August 25, 2025.

Sharon M Lutheran, MSH, RDN, LDN August 25, 2025