



LANE WILEY SENIOR CENTER

6710 Wiley Road ~ Jacksonville, FL 32210 ~ (904) 255-6644

Specialist: Shay-La Evans & Chanel Stewart

September 2023

Monday - Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bingo 10 a.m. Bible Class 11 a.m. Chair Exercise 11 a.m. Educational Material 12:30 p.m.	Breakfast 9:30 a.m. Arts & Crafts Class 10 a.m. Walking Group 10 a.m. Pinochle 11 a.m. Sassy Seniors and Steppers 5:30 p.m.	Breakfast 9:30 a.m. Bingo 10 a.m. Chair Volleyball 11 a.m. Cards 10:30 a.m. Trivia 11 a.m. B/P Check 12:30 p.m. Educational Material 12:30 p.m.	Breakfast 9:30 a.m. Scrapbooking Class 10 a.m. Support Group 11:00 Bible Class 11 a.m.	Bingo 10 a.m. Arts & Crafts 10 a.m. Card Making 11 a.m.- Exercise Class 11:00 a.m. Educational Material 12:30 p.m.
AVAILABLE DAILY Word Puzzles, Bingo, Computer Lab, Paper Rolling, Cards, Pool, Exercise, Walking, Knitting, Reading, Games & Wii LUNCH 12 p.m.				
September is National Falls Prevention Awareness Month!  				1
4 <i>Center Closed in Observation of Labor Day</i>	5 Walmart Outing 10:30 a.m.	6 Wellness through interactive thinking workshop W/ Samara from the UF/IFAS Extension office. 10:30 a.m.	7 Name that Tune:11:00 a.m.	8 Wear your favorite NFL jersey NFL trivia 11:00 a.m.
11	12 National Day of Encouragement: DIY Affirmation Wall activity 11:00 a.m.	13 Site Council Meeting 11:00 a.m. Restaurant Outing: Shut 'em Down 11:00 a.m.	14 Trip to Jacksonville Zoo 10:00 a.m. Registration Required	15
18 Date with the Dietician Diabetes Talk 10:30 a.m. Participants Meeting 11:00 a.m.	19 City Thrift 10:30 a.m.	20 Painting Posse 10:30 a.m.	21 Fall Prevention Presentation in Center: 11:00 a.m.	22
25 Fall Equinox art project 11:00 a.m.	26	27 Restaurant Outing: Golden Corral 11:00 a.m.	28 Movie Day 10:30 a.m.- Movie TBD	29 Birthday Celebration 12:00 p.m. 