


J.S. JOHNSON SENIOR CENTER

1112 Jackson Street ~ Jacksonville, FL 32204 ~ (904) 255-6755

Specialist: Angela K. Hicks

September 2023

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Billiards 10 a.m. Cards 10 a.m. Musical Groove 10 a.m. Brain Games 10:30 a.m. Cards 12:30 p.m.	Breakfast 9:30 a.m. Cards 10 a.m. Billiards 10 a.m. Musical Groove 10 a.m. Cards 12:30 p.m.	Billiards 10 a.m. Musical Groove 10 a.m. Cards 10 a.m. Brain Games 12:30 a.m. Chair Volleyball 10:30 a.m. Bingo 11 a.m. Cards 12:30 p.m.	Breakfast 9:30 a.m. Billiards 10 a.m. Musical Groove 10 a.m. Bible Study 11 a.m. Cards 12:30 p.m.	Billiards 10 a.m. Cards 10 a.m. Musical Groove 10 a.m. Brain Games 10:30 a.m. Cards 12:30 p.m.
AVAILABLE DAILY: Card Games, Exercise, Word Puzzles, Jigsaw Puzzles, Billiards, Reading			LUNCH: 12 noon	
September is National Falls Prevention Awareness Month! 				1 Spirit Week Activity-Pictionary, Pin the Tail on the Cow, A Cowboy-Cake Walk 10:30 a.m.
4 <i>Center Closed in Observance of Labor Day</i>	5	6 Commodities with Bridge the Gap 10:30 a.m.	7	8
11 Blood Pressure Screening W/ Dana Gardner @ 11 a.m.	12. Field Trip to Walmart 10:30 a.m.	13	14 Trip to Jacksonville Zoo 10:00 am Registration Required	15 Making Cheese Toast Activity to Celebrate National Cheese Toast Day 9:30 a.m.
18 Fall Prevention Awareness Presentation in Center 10:30 a.m.	19	20	21	22 Native American Cultural Trivia 11 a.m.
25	26 Field Trip: Harvey's 10:30 a.m.	27	28 Nutritional Presentation By Dana Gardner @ 11 a.m.	29 Movie and Birthday Celebration 10:30 a.m. 