


CHARLIE JOSEPH SENIOR CENTER

6943 Buffalo Avenue ~ Jacksonville, FL 32208 ~ (904) 255-6822

Specialist: Diane Weaver

September 2023

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Billiards 8a.m. Puzzles 8 a.m. Breakfast 9 a.m. Bible Study 9:30 a.m. Journaling 10:30 a.m. Chair Volleyball 10 a.m. Walmart 10:30 a.m. Adult Coloring 11 a.m. Sewing Class 11 a.m. Lunch 12 p.m.	Billiards 8 a.m. Puzzle 8 a.m. Breakfast 9 a.m. BP Check 9:30 a.m. Bingo 9:30 a.m. Craft Class 11 a.m. Lunch 12 p.m. Chair Exercise 12:30 p.m.	Billiards 8 a.m. Puzzles 8 a.m. Breakfast 9 a.m. Computer Class 9:30 a.m. Sewing Class 11 a.m. Lunch 12 p.m. Board Games 12:30 p.m.	Billiards 8 a.m. Puzzles 8 a.m. Breakfast 9 a.m. BP Check 9:30 a.m. Jewelry Class 9:30 a.m. Craft Class 11 a.m. Lunch 12 p.m. Chair Exercise 12:30 p.m.	Billiards 8 a.m. Puzzles 8:30 a.m. Breakfast 9 a.m. Computer Class 9:30 a.m. Get up and move 11 a.m. Lunch 12 p.m.
AVAILABLE DAILY: Billiards, Puzzles, Board Games, walking in the park, Adult Coloring, Bingo, Sewing Class, Jewelry Class, Craft Class, Get up and Move, Bible Study, Chair Volleyball, Journaling, LUNCH 12 p.m.				
September is National Falls Prevention Awareness Month! 				1 Get up and Move Exercise Class 11:00 a.m.
4 <i>Center Closed in Observance of Labor Day</i>	5 Rowe's Grocery Store 10:30 a.m.	6 Bridge The Gap 10:30 a.m.	7 Site Council Meeting 1 p.m.	8 Get Up and Move Exercise Class 11:00 a.m.
11	12 Get up and Move (Exercise) 10:30 a.m.	13 Participants Meeting 11 a.m.	14 Trip to Jacksonville Zoo 10:00 am Registration Required	15 Jeans and Pearls (ladies) Jeans and Hats (men) Show Down @ 11:00 a.m.
18	19 Fall Prevention Presentation 10:30 a.m.	20	21 JTA Bus Ride Orange Line to Orange Park Mall @10:30 a.m.	22 Get up and Move (Exercise) 11:00 a.m.
25 Movie Day @ Charlie Joseph 10:30 a.m.	26	27 Get up and Move (Exercise) @ Mandarin Center 10:30 a.m.	28 Make a hat day 10:30 a.m.	29 Birthday Celebration 11:00 