

# CHARLIE JOSEPH SENIOR CENTER

6943 Buffalo Avenue ~ Jacksonville, FL 32208 ~ (904) 255-682

Specialist: Diane Weaver

# JANUARY 2024

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Billiards 8a.m. Puzzles 8 a.m. Breakfast 9 a.m. Bible Study 9:30 a.m. Journaling 10:30 Chair Volleyball 10 a.m. Walmart 10:30 a.m. Adult Coloring 11 a.m. Sewing Class 11 a.m. Lunch 12 p.m.	Billiards 8 a.m. Puzzle 8 a.m. Breakfast 9 a.m. BP Check 9:30 a.m. Bingo 9:30 a.m. Craft Class 11 a.m. Lunch 12 p.m. Chair Exercise 12:30 p.m.	Billiards 8 a.m. Puzzles 8 a.m. Breakfast 9 a.m. Computer Class 9:30 a.m. Book Club 10:00 a.m. Sewing Class 11 a.m. Lunch 12 p.m. Board Games 12:30 p.m.	Billiards 8 a.m. Puzzles 8 a.m. Breakfast 9 a.m. BP Check 9:30 a.m. Jewelry Class 9:30 a.m. Craft Class 11 a.m. Lunch 12 p.m. Chair Exercise 12:30 p.m.	Billiards 8 a.m. Puzzles 8:30 a.m. Breakfast 9 a.m. Computer Class 9:30 a.m. Get up and move 11 a.m. Lunch 12 p.m.
<b>AVAILABLE DAILY: Billiards, Puzzles, Board Games, walking in the park, Adult Coloring, Bingo, Sewing Class, Jewelry Class, Craft Class, get up and move Bible Study, Chair Volleyball, Journaling, Book Club LUNCH 12 p.m.</b>				
1 <b>Center closed in Observance of New Year's Day</b>	2 Bingo 10:00 a.m.	3	4 Site Council Meeting 1:00 p.m.	5 Painting W/ a Twist 10:00 a.m.
8	9 Bingo at Carvill 10:00 a.m.	10 Participant Meeting 11:00 a.m.	11 Lunch Fundraiser at Charlie Joseph 10:00 a.m.  Advisory Council Meeting, 11 a.m. at Mary Singleton	12 Get up and Move 11:00 a.m.
15 <b>Center Closed in Observance Martin L. King, Jr. Day</b>	16 <b>Field Trip:</b> Winn Dixie 10:30 a.m.	17 Get up and move! Exercise class at Lincoln Villa 10:00 a.m.	18 Wellness through interactive thinking workshop W/ Samara from the UF/IFAS Extension office. 10:30 a.m.	19 Bingo 10:00 a.m.
22 The Health and Wellness Committee Presents: Chair Yoga at Lane Wiley Senior Center 10:00 a.m.	23	24 Wellness through interactive thinking workshop W/ Samara from the UF/IFAS Extension office. 10:30 a.m.	25 M.L.K. Program at Charlie Joseph 10:00 a.m.	26 January Birthday Celebration 11:00 a.m.
29 <b>Field Trip:</b> Walmart 10:30 a.m.	30 Wellness through interactive thinking workshop W/ Samara from the UF/IFAS Extension office. 10:30 a.m.	31		