SOUTHSIDE SENIOR CENTER MAY 2025

10080 Beach Blvd ~ Jacksonville, FL 32246 Specialist: Kima Morales/Charles Webster Phone: 904-255-6940 Monday – Friday 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Walking for Health 8 a.m. Puzzles / Coloring 8 a.m. Chair Exercise (V) 9 a.m. Canasta 8:30 a.m. Spanish Class 10:30 a.m. Bingo 11 a.m. Chair Exercise (V) 1 p.m.Chair Volleyball 1 p.m. History Bytes w/Tony 1 p.m. Knitting/Crocheting 1 p.m.(V) Video | Walking for Health 8 a.m. Puzzles / Coloring 8 a.m. Chair Exercise (V) 9 a.m. Jazzco Line Dance 10 a.m.Spanish Bible Study 11:00 a.m. Chair Exercise (V) 1 p.m.Cards & Games 1 p.m.Mahjong 1 p.m.(V) Video | Walking for Health 8 a.m. Puzzles / Coloring 8 a.m. Open Art Room 9 a.m.Chair Exercise (V) 9 a.m. Ukulele/Singalong 11 a.m.Chair Exercise (V) 1 p.m.Chair Volleyball 1 p.m.(V) Video | Walking for Health 8 a.m. Puzzles / Coloring 8 a.m. Chair Exercise (V) 9 a.m. Canasta 8:30 a.m. Loteria/Mexican Bingo10:30 a.m.Chair Exercise (V) 1 p.m.Partnered Games 1 p.m.(V) Video | Walking for Health 8 a.m. Puzzles / Coloring 8 a.m.Chair Exercise (V) 9 a.m. Bible Study 10 a.m. Tai Chi w/Kathleen 10 a.m. Spanish Class 10:30 a.m. Bingo 11 a.m.Chair Exercise (V) 1 p.m.Chair Volleyball 1 p.m.(V) Video |
| **AVAILABLE DAILY:** Adult Coloring, Computer Lab, Exercises, Games, Hiking, Puzzles, and so much more. **BREAKFAST: 9 a.m. T-W-TH LUNCH: 12** **p.m.** |
|  |  |  | 1Tech Pop-Up 10am-12pm(Seniors on a Mission) Northwest Behavioral Health with Charles 10 a.m. | 2 |
| 5 CINCO DE MAYO LOTERIA (Mexican Bingo) 11 a.m. | 6Health Chat & Pop-Up Pantry(Convivia / Care Plus) 11 a.m. | 7**Bash at the Ballfield****VyStar Ballpark****Limited Tickets Available****RSVP Required** | 8 | **9** **Mother’s Day Celebration 12 p.m.** |
| 1230 Min. Mindful Meditation 9 a.m. | 13 | 14Presentation: Senior Living Optionsw/Harmony Senior Advisors10 a.m. | 15**FIELD TRIP**Dos Amigos Mexican Restaurant & Market(Beach Blvd) 11 a.m. | 16May Birthday Celebrations 12:30 p.m. w/Conviva\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**Saturday the** **17th** Growing Bolder 9 a.m. - 1 p.m.100 Festival Park Ave. 32202 Transportation ProvidedSign Up to Attend |
| 19 | 20Captel Bingo & Presentationw/Dawn (OEI) 11 a.m. | **21****Tuft Lyfe Craft Rug Demo & Class 9 a.m. (fee for class)** | 22**SENIOR EXPO****ADAM HERBERT CENTER** **UNF 10 a.m.-12 p.m.** | 23 |
| 26**CENTER CLOSED****IN OBSERVANCE OF** **MEMORIAL DAY** | 27 | 28**FIELD TRIP** Shrimp Shack 10:30 a.m. (Beach Blvd) | 29**SENIOR CENTER SHOWCASE!****MARY SINGLETON**  **10 a.m. - 2 p.m.** | 30 |