

SOUTHSIDE SENIOR CENTER

10080 Beach Blvd ~ Jacksonville, FL 32246

Specialist: Charles Webster

Phone: 904-255-6940

SEPTEMBER 2025

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Walking for Health 8 a.m. Games-Puzzle 8 a.m. Chair Exercise (V) 9 a.m. Canasta 8:30 a.m. Spanish Class 10 a.m. Bingo 11 a.m. Chair Exercise (V) 1 p.m. Chair Volleyball 1 p.m. Knitting/Crocheting 1 p.m.	Walking for Health 8 a.m. Puzzles-Games 8 a.m. Chair Exercise (V) 9 a.m. Jazzco Line Dance 10 a.m. Chair Exercise (V) 1 p.m. Cards and Games 1 p.m. Mahjong 1 p.m. (V) Video	Walking for Health 8 a.m. Games - Puzzle 8 a.m. Chair Exercise (V) 9 a.m. Open Art Studio 9 a.m. Spanish Bible Study 10:30 a.m. Ukulele/Singalong 11 a.m. Chair Exercise (V) 1 p.m. (V) Video	Walking for Health 8 a.m. Puzzles-Games 8 a.m. Canasta 8:30 a.m. Chair Exercise (V) 9 a.m. Loteria (Spanish Bingo) 10 a.m. Northwest Behavioral Health, hosted by Charles 10 a.m. - 11:30 a.m. Korean Drum Trivia 1 p.m. Chair Exercise (V) 1 p.m. Drumming Exercise 2 p.m.	Walking for Health 8 a.m. Games-Puzzle 8 a.m. Chair Exercise (V) 9 a.m. Bible Study 10 a.m. Tai Chi w/Kathleen 10 a.m. Spanish Class (beginners) 10 a.m. Bingo 11 a.m. Chair Volleyball 1 p.m. Chair Exercise (V) 1 p.m.
AVAILABLE DAILY: Adult Coloring, Computer Lab, Exercises, Games, Hiking, Puzzles, and so much more. BREAKFAST: 9 a.m. T-W-TH LUNCH: 12 p.m.				
1 CENTER CLOSED IN OBSERVANCE OF LABOR DAY	2 Celebration 11 a.m.	3	4 FIELD TRIP: Falls Prevention Festival at Fortuna 11 a.m. - 1 p.m. Northwest Behavior Group 10 a.m. Trivia 1 p.m. Drumming Exercise 2 p.m.	5
8	9	10	11 FIELD TRIP: Publix (Beach Blvd) 10 a.m. Trivia 1 p.m. Drumming Exercise 2 p.m.	12
15 SPIRIT WEEK HAPPY 3rd BIRTHDAY SOUTHSIDE!!! CELEBRATION 9 a.m. ~ 3 p.m.	16 SPIRIT WEEK Arlington Spirit Week ArchWell Medicare 101 at 11 a.m.	17 SPIRIT WEEK FIELD TRIP: JEA SENIOR DAY JEA Customer Solutions Center 10 a.m.	18 SPIRIT WEEK Fortuna Spirit Week FIELD TRIP: Sprouts Town Center 10 a.m. Spirit Week Activity: Lunch & Learn The History of Southside Senior Center 11 a.m. Trivia 1 p.m. Drumming Exercise 2 p.m.	19 SPIRIT WEEK Benny Furlong Spirit Week
22	23 September Birthday Celebration and Dance with Mari 11 a.m.	24	25 FIELD TRIP: Winn-Dixie (Beach Blvd) 10 a.m. Trivia 1 p.m. Drumming Exercise 2 p.m. CENTER CLOSES AT 3:00 SENIOR SERVICES OPEN HOUSE SOUTHSIDE CENTER 5:30 – 7:30	26 September Birthday Celebration 12 p.m.
29	30			

ALL MEALS MUST BE RESERVED. Failure to reserve a meal could result in you not receiving a meal at the center that day. **PLEASE RESERVE YOUR MEALS.**