

SOUTHSIDE SENIOR CENTER

10080 Beach Blvd ~ Jacksonville, FL 32246

Specialist: Charles Webster

Phone: 904-255-6940

Monday – Friday ~ 8 a.m. to 5 p.m.

NOVEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Daily Schedule</u> Walking for Health 8 a.m. Games-Puzzle 8 a.m. Chair Exercise (V) 9 a.m. Canasta 8:30 a.m. Spanish Class 10 a.m. Bingo 11 a.m. Chair Exercise (V) 1 p.m. Chair Volleyball 1 p.m. Knitting/Crocheting 1 p.m.	<u>Daily Schedule</u> Walking for Health 8 a.m. Puzzle / Games 8 a.m. Chair Exercise (V) 9 a.m. Dominoes 10 a.m. Jazzco Line Dance 10 a.m. Bible Study 11 a.m. Chair Exercise (V) 1 p.m. Mahjong 1 p.m. Bingo 1 p.m. (1st/3rd Tues)	<u>Daily Schedule</u> Walking for Health 8 a.m. Games - Puzzle 8 a.m. Chair Exercise (V) 9 a.m. Open Art Studio 9 a.m. Spanish Bible Study 10:30 a.m. Ukulele/Singalong 11 a.m. Chair Exercise (V) 1 p.m. Spades 1 p.m. Trivia 2 p.m. (1st/3rd)	<u>Daily Schedule</u> Walking for Health 8 a.m. Puzzle - Games 8 a.m. Canasta 8:30 a.m. Chair Exercise (V) 9 a.m. Loteria (Spanish Bingo) 10 a.m. Chair Exercise (V) 1 p.m. (V) Video	<u>Daily Schedule</u> Walking for Health 8 a.m. Games - Puzzle 8 a.m. Chair Exercise (V) 9 a.m. Bible Study 10 a.m. Tai Chi w/Kathleen 10 a.m. Spanish Class (beginners) 10 a.m. Bingo 11 a.m. Chair Volleyball 1 p.m. Chair Exercise (V) 1 p.m.
BREAKFAST DAILY: 9 A.M.	LUNCH DAILY: 12 P.M.	* MUST SIGN UP TO RECEIVE MEALS*		ACTIVITIES SUBJECT TO CHANGE
3 Spanish Class 10 a.m.	4 Seniors on a Mission 9 a.m. - 12 p.m. Sign-up required Bingo 1 p.m. (1st/3rd Tues)	5 Nutrition Ed w/Sharon 9:30 a.m. Food Pantry CarePlus 10 a.m. Farmers Market: Hosted by Elder Source at Mary Singleton 8~1 *Bingo 1p.m. *Spades 1 p.m. *Trivia 2 p.m.	6 Outing: RD International Market and Food Court 7534 Beach Blvd, 10:30 a.m. Holiday Festival Ticket Sales 10 – 1 p.m. NW Behavioral Health 10 a.m. Freestyle Soul Dancing 1 p.m.	7 Nature Program w/Jolie 10 a.m. Chair Volleyball 1 p.m.
10 Florida Blue w/Jennifer Butler: Medicare and You, 10 a.m.	11 CENTER CLOSED IN OBSERVANCE OF VETERANS DAY	12 Outing: USS Orleck / Veterans Memorial Wall 1145 East Adams Street Adjacent to EverBank Stadium Ship difficult to maneuver. No walkers, wheelchairs or canes. - 10 a.m. *Medicare Changes w/Jerry McMillan 10 a.m. *MOVIE: “Mr. Smith Goes to Washington” 1 p.m. *Spades 1 p.m.	13 Author/Comedian Carolyn Meyer Mary Singleton 10:30 ~ 12:30	14 Tai Chi w/Kathleen 10 a.m.
17 Canasta 8:30 a.m. Southside Talent Show 10 a.m.	18 Holiday Market Mandarin Senior Center 9 a.m. - 2 p.m. ArchWell 11 a.m. Bingo 1 p.m. (1st/3rd Tues)	19 SENIOR EXPO ADAM HERBERT CENTER UNF 10-12 Bingo 1 p.m. Spades 1 p.m. Trivia 2 p.m.	20 Outing: Sakura Buffet, 9764 Atlantic Blvd	21 Chair Volleyball 1 p.m.

24	25 MOVIE: "Grapes of Wrath" 1 p.m.	26 Outing: Avenues Mall, 10300 Southside Blvd Spades 1 p.m.	27 CENTER CLOSED FOR THANKSGIVING HOLIDAY	28 CENTER CLOSED FOR THANKSGIVING HOLIDAY
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