OCEANWAY SENIOR CENTER AUGUST 2025

12215 W. Sago Avenue ~ Jacksonville, FL 32218 ~ (904) 255-6855 Specialist Donna Sizemore Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Puzzles Variety 8:00 a.m.  Jig Saw Puzzles 8:00 a.m.  Bingo 9:15 a.m.  Walking 9:30 a.m.  Card Games 12:30 p.m. | Puzzles 8:00 a.m.  Breakfast 9:00 a.m.  Bingo 9:15 a.m.  Walking 9:30 a.m.  Card Games 12:30 p.m. | Puzzles 8:00 a.m.  Breakfast 9:00 a.m.  Card Games 9:00 a.m.  Bible Study 10:00 a.m. Puzzles Variety 1 p.m. | Puzzles 8:00 a.m.  Breakfast 9:00 a.m.  Bingo 9:15 a.m.  Walking 9:30 a.m.  Education Material 11:30 a.m. | Jig Saw Puzzles 8:00 a.m.  Variety of Puzzles 8:00 a.m.  Hidden Picture Puzzles 9:00 a.m.  Bingo 9:15 a.m.  Walking 9:30 a.m.  Card Games 1 p.m. |
| **AVAILABLE DAILY:**  Games, Billiards, Walking in the Park, Jigsaw Puzzles, Hidden Picture, Word Puzzles, Fishing, Board Games, Adult Coloring, Card Games **LUNCH: 12 p.m.** | | | | |
|  |  |  |  | 1  Bingo with Blake of Lanier Rehab  9:15 a.m.  Northwest Behavioral Group  10:30 a.m. |
| 4  **Field Trip**:Gateway Winn Dixie  10:30 a.m. | 5  AHEC Active Living Class  10:30 a.m. (Side Room)  Chair Volleyball 10:30 a.m. | 6  Bingo and Produce  With Cheryl Williams of CarePlus  10 a.m.  Line Dance 11 a.m. | 7  Feeding Northeast Florida Presentation and Food Demo 10:30 a.m. | 8  **SENIOR PROM**  **“A Golden Time of Day”**  **PRIME OSBORNE**  **5:30 ~ 8:30**  Northwest Behavorial Group  10:30 a.m. |
| 11  Sharon Lutheran, Nutritionist,  Nutrition Education Presentation 10:30 a.m. | 12  AHEC Active Living Class  10:30 a.m. (Side Room)  Chair Volleyball 10:30 a.m.  Site Council Meeting 12:30 p.m. | 13  **Field Trip:**  Bridge the Gap  Bring a reuseable or insulated bag.  Bus leaves at 9:15 a.m.  Line Dance 11 a.m.  **CENTER CLOSING EARLY**  **FOR CAS MEETING** | 14  **Field Trip:** Walmart 10:30 a.m.  Participants Meeting at Noon  Cake Raffle at Noon | 15  Northwest Behavorial Group  10:30 a.m.  **Blue Cypress Pool**  **Free Swim 11 a.m.** |
| 18  Fun with Frances Padgett Senior Center - Here at Oceanway -  Free Bingo and Free Hotdogs  10:00 a.m. | 19  AHEC Active Living Class  10:30 a.m. (Side Room)  Chair Volleyball 10:30 a.m. | 20  Exercise Class with Kaitlyn  of Encompass Health  10 a.m.  Line Dance 11 a.m. | 21  **Field Trip:** Fujiyama Buffet at River City  10:30 a.m. (Self Pay) | 22  Northwest Behavorial Group  10:30 a.m.  **Blue Cypress Pool**  **Summer’s End**  **Free Swim! 10 ~ 12** |
| 25  Painting with Ms. Marilyn  Sponsored by Dedicated  10:30 a.m. | 26  AHEC Active Living Class  10:30 a.m. (Side Room)  **Blue Cypress Pool**  **Aqua Aerobics Class 11 a.m.** | 27  Movie TBD  Popcorn! Courtesy of  Site Council 9:15 a.m.  Line Dance 11 a.m. | 28  **Field Trip:** Andy’s Attic or Goodwill  10:30 a.m. | 29  Northwest Behavorial Group  10:30 a.m.  Birthday Celebrations at Noon |