

OCEANWAY SENIOR CENTER

12215 W. Sago Avenue ~ Jacksonville, FL 32218 ~ (904) 255-6855 CAS: Donna Sizemore

SEPTEMBER 2025

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jigsaw Puzzles 8:00 a.m. Brain Games 8:30 a.m. Card Games 9 a.m. Bingo 9:15 a.m. Walking 9:30 a.m. Card Games 12:30 p.m.	Jigsaw Puzzles 8:00 a.m. Brain Games 8:30 a.m. Breakfast 9:00 a.m. Bingo 9:15 a.m. Walking 9:30 a.m. Card Games 12:30 p.m.	Jigsaw Puzzles 8:00 a.m. Brain Games 8:30 a.m. Breakfast 9:00 a.m. Card Games 9:00 a.m. Bible Study 10:00 a.m. Puzzles Variety 1 p.m.	Jigsaw Puzzles 8:00 a.m. Brain Games 8:30 a.m. Breakfast 9:00 a.m. Walking 9:30 a.m. Bingo 9:15 a.m. Education Material 11:30 a.m. Card Games 1 p.m.	Jigsaw Puzzles 8:00 a.m. Brain Games 8:30 a.m. Bingo 9:15 a.m. Walking 9:30 a.m. Card Games 1 p.m.
AVAILABLE DAILY: Games, Billiards, Computers, Walking in the Park, Jigsaw Puzzles, Fishing, Board Games, Card Games, Adult Coloring LUNCH 12 PM				
1 CENTER CLOSED IN OBSERVANCE OF LABOR DAY	2 Field Trip: Spirit Week Party BEACH SOCIAL EVENT Dolphin Plaza in Hanna Park. Bus leaves at 9:30 a.m. Chair Volleyball 10:30 a.m.	3 Arts and Crafts w/Meagan from ArchWell Health 9:30 a.m. Line Dance 11 a.m.	4 Field Trip: Jim Fortuna Center Falls Prevention Festival with AHEC 11 am – 1 p.m. (bus leaves at 10:30 a.m.)	5 Bingo with Blake of Lanier Rehab 9:15 a.m. Northwest Behavioral Group 10: 30 a.m. Aloha! Spirit Week Celebration Staying Happy and Aging Well Hawaiian Theme 11:00 a.m.
8 Florida Eye Specialist Presentation on Cataracts w/Dr. Rachana Patel 10:30 a.m.	9 *AHEC Active Living Class 10:30 a.m. (Side Room) Summer Swim Aqua Aerobics 10 – 12 p.m. Brain Games/Trivia 10:30 a.m. Site Council Meeting 12:30 p.m.	10 Field Trip: Bridge the Gap Bring a Reuseable or Insulated bag. Bus leaves at 9:15 a.m. Line Dance 11 a.m. CENTER CLOSES EARLY FOR CAS MEETING	11 Field Trip: Publix 10:30 a.m. Participant's Meeting Noon	12 Summer Swim Aqua Aerobics 10 – 12 p.m. Northwest Behavioral Group 10:30 a.m.
15 Sharon Lutheran, Nutritionist, Nutrition Education Presentation 10:30 a.m.	16 *AHEC Active Living Class 10:30 a.m. (Side Room) Summer Swim Aqua Aerobics 10 – 12 p.m.	17 BINGO and Captel Phone Presentation w/Kelly 9:30 a.m. Line Dance 11:00 a.m.	18 Field Trip: Zaxby's 10:30 a.m. Site Council Cake Raffle Noon	19 Summer Swim Aqua Aerobics 10 – 12 p.m. Northwest Behavioral Group 10:30 a.m.
22 Field Trip: ALDI 10:30 a.m.	23 *AHEC Active Living Class 10:30 a.m. (Side Room)	24 Fresh Produce with American Care Medical 10:00 a.m. Line Dance 11:00 a.m.	25 Bingo with Rob and Riverview Senior Center 10:30 a.m. CENTER CLOSES AT 3:00 SENIOR SERVICES OPEN HOUSE SOUTHSIDE CENTER 5:30 – 7:30	26 Northwest Behavioral Group 10:30 a.m. Birthday Celebrations Noon
29 Bingo & Painting with Marilyn of Dedicated Health 10:30 a.m.	30 *AHEC Active Living Class 10:30 a.m. (Side Room) Field Trip: Dollar Tree 10:30 a.m.			