MAXVILLE SENIOR CENTER    JULY 2025

18065 Pennsylvania Avenue ~ Jacksonville, FL 32234 ~ (904) 255-6740 Specialist: Addisaia Reynolds Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Scrabble 10 a.m. & 1 p.m.  Group Coloring for Mental  Health 10 a.m. & 1 p.m. | Scrabble 10 a.m. & 1 p.m. Group Coloring for Mental Health 10 a.m. & 1 p.m. | Scrabble 10 a.m. & 1 p.m.  Group Coloring for Mental Health  10 a.m. & 1 p.m.  Weight & BMI 10:30 a.m.  Bingo 12:45 p.m. | Scrabble 10 a.m. & 1 p.m.  Group Coloring for Mental Health 10 a.m. & 1 p.m. | Scrabble 10 a.m. & 1 p.m.  Group Coloring for Mental Health 10 a.m. & 1 p.m. |
| **AVAILABLE DAILY:** Puzzles, Dominoes, Pool, Board Games, Health Literature, Current Events, Computer, Shuffleboard, Wii, Exercise, Skip Bo, Chair Volleyball,  Ring Toss, UNO & Phase 10, Yahtzee **LUNCH:** 12 p.m. | | | | |
|  | 1  Puzzle Race 10 a.m.  Stretching with Weights 11 a.m. | 2  Trivia 10 a.m.  Bingo 11 a.m. | 3  **Field Trip**  Ollies & Sonny’s BBQ  10 a.m. | 4  **CENTER CLOSED**  **IN OBSERVANCE OF**  **INDEPENDENCE DAY** |
| 7  Chair Exercise 10 a.m. | 8  **Field Trip**  Cracker Barrel 10 a.m. | 9  Trivia 10 a.m.  Bingo 11 a.m. | 10  History Lesson 10 a.m.  Chair Volleyball 11 a.m. | 11  Nutritional Education with Sharon Healthy Fats and Oils 11:30 a.m. |
| 14  Chair Exercise 10 a.m. | 15  **Field Trip**  **Blue Cypress Pool**  **Water Safety**  **11 – 11:45 a.m.** | 16  Trivia 10 a.m.  Bingo 11 a.m. | 17  **Field Trip**  Chido’s & Rack Up 10 a.m. | 18  Billiards Pool 11 a.m. |
| 21  Chair Exercise 10 a.m. | 22  **Field Trip**  Chicken Salad Chick 10 a.m. | 23  Trivia 10 a.m.  Bingo 11 a.m. | 24  **GET UP & MOVE with Diane**  10:30 a.m. | 25  **Field Trip**  **Blue Cypress Pool**  **Free Swim 10 – 10:45 a.m.** |
| 28  Chair Exercise 10 a.m. | 29  History Lesson 10 a.m.  Cornhole 11 a.m. | 30  Trivia 10 a.m.  Bingo 11 a.m. | 31  **Field Trip**  MOSH $3 Admission 10 a.m. |  |