MAXVILLE SENIOR CENTER    JULY 2025

18065 Pennsylvania Avenue ~ Jacksonville, FL 32234 ~ (904) 255-6740 Specialist: Addisaia Reynolds Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Scrabble 10 a.m. & 1 p.m.Group Coloring for MentalHealth 10 a.m. & 1 p.m. | Scrabble 10 a.m. & 1 p.m. Group Coloring for Mental Health 10 a.m. & 1 p.m. | Scrabble 10 a.m. & 1 p.m. Group Coloring for Mental Health10 a.m. & 1 p.m. Weight & BMI 10:30 a.m.Bingo 12:45 p.m. | Scrabble 10 a.m. & 1 p.m. Group Coloring for Mental Health 10 a.m. & 1 p.m. | Scrabble 10 a.m. & 1 p.m.Group Coloring for Mental Health 10 a.m. & 1 p.m. |
| **AVAILABLE DAILY:** Puzzles, Dominoes, Pool, Board Games, Health Literature, Current Events, Computer, Shuffleboard, Wii, Exercise, Skip Bo, Chair Volleyball,Ring Toss, UNO & Phase 10, Yahtzee **LUNCH:** 12 p.m. |
|  | 1 Puzzle Race 10 a.m.Stretching with Weights 11 a.m. | 2Trivia 10 a.m.Bingo 11 a.m. | 3**Field Trip**Ollies & Sonny’s BBQ 10 a.m. | 4**CENTER CLOSED** **IN OBSERVANCE OF** **INDEPENDENCE DAY** |
| 7Chair Exercise 10 a.m. | 8**Field Trip**Cracker Barrel 10 a.m. | 9Trivia 10 a.m.Bingo 11 a.m. | 10History Lesson 10 a.m.Chair Volleyball 11 a.m. | 11 Nutritional Education with Sharon Healthy Fats and Oils 11:30 a.m. |
| 14Chair Exercise 10 a.m. | 15**Field Trip****Blue Cypress Pool****Water Safety****11 – 11:45 a.m.**  | 16Trivia 10 a.m.Bingo 11 a.m. | 17**Field Trip**Chido’s & Rack Up 10 a.m. | 18Billiards Pool 11 a.m. |
| 21Chair Exercise 10 a.m. | 22**Field Trip**Chicken Salad Chick 10 a.m. | 23Trivia 10 a.m.Bingo 11 a.m. | 24**GET UP & MOVE with Diane**10:30 a.m. | 25**Field Trip****Blue Cypress Pool****Free Swim 10 – 10:45 a.m.** |
| 28Chair Exercise 10 a.m. | 29History Lesson 10 a.m.Cornhole 11 a.m. | 30Trivia 10 a.m.Bingo 11 a.m. | 31**Field Trip** MOSH $3 Admission 10 a.m. |  |