MARY L. SINGLETON SENIOR CENTER JULY 2025

150 E. 1st St. ~ Jacksonville, FL 32206 ~ (904) 255-6666 Specialist: Martinique Glover /Joana Ching Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Ceramics Painting 8:00 a.m.BINGO 9:00 -11:30 a.m.Bible Study 10:00 a.m.Line Dancing 10:00 a.m.Computer Class – Incorporating Pictures to Documents 11:00 a.m.Line Dancing 1:00 p.m.Sewing Class 1:00 – 4:00 p.m. | Ceramics Painting 8:00 a.m.**Breakfast 9:00 a.m.**BINGO 9:00 - 11:30 a.m. Memory Games and Reading Group 10:00 a.m. | Ceramics Painting 8:00 a.m.**Breakfast 9:00 a.m.**BINGO 9:00 - 11:30 a.m.Bible Study 10:00 a.m.Line Dancing 10:00 a.m. Line Dancing 1:00 p.m. Sewing Class 1:00 – 4:00 p.m. | Ceramics Painting 8:00 a.m.**Breakfast 9:00 a.m.**BINGO 9:00 - 11:30 a.m.Memory Games and Reading Group 10 a.m.Crocheting Group 1:00 p.m.Games & Dancing 5:00 p.m. | Ceramics Painting 8:00 a.m.BINGO 9:00 - 11:30 a.m.Movie in Auditorium 9:30 a.m.Senior Planet Webinar:Green Room 10:00 a.m. .(V) - Video |
| **AVAILABLE DAILY:** Bingo, Billiards, & Card Games **Clothes Closet:** Monday ~ Friday 9 a.m. ~ 11:30 a.m. **LUNCH:** 12:00 p.m. |
|  | 1Site Council Trip to Sams 9:30 a.m. **Supervisor of Elections Office** Voter Education Presentation 10:00 a.m. | 2 4th of July Cookout/Celebration 10:30 a.m.Table Decorating Contest  | 3 Karaoke Party 10:30 a.m. | 4**CENTER CLOSED** **IN OBSERVANCE OF** **INDEPENDENCE DAY** |
| 7Site Council Meeting**Trip:** Walmart 10:00 a.m. | 8Site Council Trip to Roses 9:30 a.m. | 9Commodities at Bridge the Gap 9:30 a.m.Fish Fry Fundraiser 10:30 a.m. | 10Karaoke Party 10:30 a.m. | 11 **Prom Ticket Sales** **10 a.m. - 1 p.m.**Trivia Friday 10:30 a.m. |
| 14Participant's MeetingBingo will end at 10:30 a.m.**Trip:** Thrift Store on Emerson 10:00 a.m. | 15 **Summer Swim****Blue Cypress Pool****Water Safety / Free Swim****10 – 10:45**Crafting with Dedicated Medical Services 10:30 a.m. | 16**Trip:** JS Johnson Presentation Healthy Food Demonstration w/Feeding Northeast Florida 10:00 a.m.Charles from: Northwest Behavioral Health (group Counseling) 10:00 - 11:30 a.m. | 17Webinar on Minority Mental Health Awareness 10:00 a.m. | 18Health Topics with Marc from Encompass Health 10:30 a.m. |
| 21National Junk Food Day!Bring Your Favorite Junk Food Discussion: Healthier Alternatives! 10:30 a.m. ~ Green Room. | 22**Trip:** Cannery Duval Extension Office10:00 a.m. | 23Fun Day 10:30 a.m.**Trip:** Chilis River City 10:30 a.m. | 24 International Self-Care Day Presentation/Activity Singleton Birthday Celebration11:00 a.m. | 25 **Prom Ticket Sales** **10 a.m. - 1 p.m.****Summer Swim****Blue Cypress Pool****Aqua Aerobics****10:00am-10:45 a.m.** |
| 28**Trip:** Sams Club (center trip)10:00 a.m. | 29National Lipstick DayMake Your Own Lipstick! 10:30 am in green room | 30Ice Cream Sundae Bar Fundraiser 11:30 a.m. | 31Nutritional Education with Sharon Healthy Fats and Oils 10:30 a.m.**A Night of Elegance-****“Singleton Takes 46”****5:30 p.m. - 8:30 p.m.** |  |