MARY L. SINGLETON SENIOR CENTER JULY 2025

150 E. 1st St. ~ Jacksonville, FL 32206 ~ (904) 255-6666 Specialist: Martinique Glover /Joana Ching Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Ceramics Painting 8:00 a.m.  BINGO 9:00 -11:30 a.m.  Bible Study 10:00 a.m.  Line Dancing 10:00 a.m.  Computer Class – Incorporating Pictures to Documents 11:00 a.m.  Line Dancing 1:00 p.m.  Sewing Class 1:00 – 4:00 p.m. | Ceramics Painting 8:00 a.m.  **Breakfast 9:00 a.m.**  BINGO 9:00 - 11:30 a.m.  Memory Games and Reading Group 10:00 a.m. | Ceramics Painting 8:00 a.m.  **Breakfast 9:00 a.m.**  BINGO 9:00 - 11:30 a.m.  Bible Study 10:00 a.m.  Line Dancing 10:00 a.m.  Line Dancing 1:00 p.m.  Sewing Class 1:00 – 4:00 p.m. | Ceramics Painting 8:00 a.m.  **Breakfast 9:00 a.m.**  BINGO 9:00 - 11:30 a.m.  Memory Games and Reading Group 10 a.m.  Crocheting Group 1:00 p.m.  Games & Dancing 5:00 p.m. | Ceramics Painting 8:00 a.m.  BINGO 9:00 - 11:30 a.m.  Movie in Auditorium 9:30 a.m.  Senior Planet Webinar:  Green Room 10:00 a.m.  .  (V) - Video |
| **AVAILABLE DAILY:** Bingo, Billiards, & Card Games **Clothes Closet:** Monday ~ Friday 9 a.m. ~ 11:30 a.m. **LUNCH:** 12:00 p.m. | | | | |
|  | 1  Site Council Trip to Sams  9:30 a.m.  **Supervisor of Elections Office** Voter Education Presentation 10:00 a.m. | 2  4th of July Cookout/Celebration 10:30 a.m.  Table Decorating Contest | 3  Karaoke Party 10:30 a.m. | 4  **CENTER CLOSED**  **IN OBSERVANCE OF**  **INDEPENDENCE DAY** |
| 7  Site Council Meeting  **Trip:** Walmart 10:00 a.m. | 8  Site Council Trip to Roses  9:30 a.m. | 9  Commodities at Bridge the Gap 9:30 a.m.  Fish Fry Fundraiser 10:30 a.m. | 10  Karaoke Party 10:30 a.m. | 11 **Prom Ticket Sales**  **10 a.m. - 1 p.m.**  Trivia Friday 10:30 a.m. |
| 14  Participant's Meeting  Bingo will end at 10:30 a.m.  **Trip:** Thrift Store on Emerson 10:00 a.m. | 15  **Summer Swim**  **Blue Cypress Pool**  **Water Safety / Free Swim**  **10 – 10:45**  Crafting with Dedicated Medical Services 10:30 a.m. | 16  **Trip:** JS Johnson Presentation Healthy Food Demonstration w/Feeding Northeast Florida 10:00 a.m.  Charles from: Northwest Behavioral Health (group Counseling) 10:00 - 11:30 a.m. | 17  Webinar on Minority Mental Health Awareness 10:00 a.m. | 18  Health Topics with Marc from Encompass Health 10:30 a.m. |
| 21  National Junk Food Day!  Bring Your Favorite Junk Food Discussion: Healthier Alternatives! 10:30 a.m. ~ Green Room. | 22  **Trip:** Cannery  Duval Extension Office  10:00 a.m. | 23  Fun Day 10:30 a.m.  **Trip:** Chilis River City 10:30 a.m. | 24  International Self-Care Day Presentation/Activity  Singleton Birthday Celebration  11:00 a.m. | 25 **Prom Ticket Sales**  **10 a.m. - 1 p.m.**  **Summer Swim**  **Blue Cypress Pool**  **Aqua Aerobics**  **10:00am-10:45 a.m.** |
| 28  **Trip:** Sams Club (center trip)  10:00 a.m. | 29  National Lipstick Day  Make Your Own Lipstick! 10:30 am in green room | 30  Ice Cream Sundae Bar Fundraiser 11:30 a.m. | 31  Nutritional Education with Sharon Healthy Fats and Oils  10:30 a.m.  **A Night of Elegance-**  **“Singleton Takes 46”**  **5:30 p.m. - 8:30 p.m.** |  |