MARY L. SINGLETON SENIOR CENTER MAY 2025

150 E. 1st St. ~ Jacksonville, FL 32206 ~ (904) 255-6666 Specialist: Martinique Glover / Joanna Ching Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Ceramics Painting 8:00 a.m.  BINGO 9-11:30 a.m.  Bible Study 10 a.m.  Line Dancing 10 a.m.  Computer Class 11 a.m.  Line Dancing 1 p.m.  Sewing Class 1-4 p.m. | Ceramics Painting 8:00 a.m.  **Breakfast 9 a.m.**  BINGO 9-10:30 a.m.  Trivia 10:30a.m.  Exercise Class 10:00 a.m.  Memory Games  and Reading Group 10 a.m.  Chair Volleyball 11 a.m. | Ceramics Painting 8:00 a.m.  **Breakfast 9 a.m.**  BINGO 9-11:30 a.m.  Bible Study 10 a.m.  Line Dancing 10 a.m.  Line Dancing 1 p.m.  Sewing Class 1-4 p.m. | Ceramics Painting 8:00 a.m.  **Breakfast 9 a.m.**  BINGO 9-10:30 a.m.  Full Length Gentle Yoga (V)  9:30 a.m. Bring Your Own Mat or Disinfecting Wipes  Memory Games and Reading Group 10 a.m.    Crocheting Group 1 p.m.  Games & Dancing 5 p.m. | Ceramics Painting 8:00 a.m.  BINGO 9-11:30 a.m.  Movie in Auditorium 9:30 a.m.  Artful Morning – Pencil Sketching 10:30 a.m.  (V) - Video |
| **AVAILABLE DAILY:** Bingo, Billiards, & Card Games **Clothes Closet:** Monday ~ Friday 9 a.m. ~ 11:30 a.m. **LUNCH:** 12:00 p.m. | | | | |
|  |  |  | 1  **Site Council Trip to Sams**  **10 a.m.** | 2  Health Topics w/Marc Encompass 10:30 a.m. |
| 5  Bingo will end at 10:00 a.m.  Mother’s Day Program  10:30 a.m. | 6  Daily Bingo will end at 10 a.m.  Bingo w/Dawn of Captel Phones  10:00 a.m. | 7  **Bash at the Ballfield 10 a.m.**  **VyStar Ballfield**  **Seating Limited.**  **RSVP Only**  **NO BINGO TODAY** | 8  **FIELD TRIP:** Walmart 10 a.m.  **SENIOR SERVICES**  **OPEN HOUSE 5 p.m. - 8 p.m.** | 9  Site Council Hot Dog Fundraiser and Game Day 10:30 a.m. |
| 12  **FIELD TRIP:**  Roses and 5 Below  10:00 a.m. | 13  Health is Wealth with Conviva  10:30 a.m. | 14  **FIELD TRIP:**  Bridge the Gap 10:00 a.m. | 15 **Older Americans Month**  **Celebration**  80’s Themed Sneaker Ball  “80 is the New 60”  Breaking Aging Stereotypes  **5-8 p.m.** | 16  Spring Trivia 10 a.m. |
| 19  **FIELD TRIP:**  Site Council to Roses  10:00 a.m. | 20  **FIELD TRIP:**  Potter’s House Bistro 10:30 a.m. | 21 **SENIOR EXPO**  **ADAM HERBERT CENTER**  **UNF 10-12**  NW FL Behavioral Health 10 a.m. | 22 | 23 |
| 26  **CENTER CLOSED**  **IN OBSERVANCE OF**  **MEMORIAL DAY** | 27  **FIELD TRIP:**  Publix w/Dietitian Sharon 10:00 a.m. | 28  Fun Day! 10:30 a.m. | 29 Nutritional Ed. w/Sharon the Dietician 10:30 a.m.  **SENIOR CENTER SHOWCASE!**  **MARY SINGLETON**  **10 a.m. - 2 p.m.** | 30  Singleton Birthday Celebration 11 a.m. |