MARY L. SINGLETON SENIOR CENTER MAY 2025

150 E. 1st St. ~ Jacksonville, FL 32206 ~ (904) 255-6666 Specialist: Martinique Glover / Joanna Ching Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Ceramics Painting 8:00 a.m.BINGO 9-11:30 a.m.Bible Study 10 a.m.Line Dancing 10 a.m.Computer Class 11 a.m.Line Dancing 1 p.m.Sewing Class 1-4 p.m. | Ceramics Painting 8:00 a.m.**Breakfast 9 a.m.**BINGO 9-10:30 a.m. Trivia 10:30a.m.Exercise Class 10:00 a.m.Memory Gamesand Reading Group 10 a.m.Chair Volleyball 11 a.m. | Ceramics Painting 8:00 a.m.**Breakfast 9 a.m.**BINGO 9-11:30 a.m.Bible Study 10 a.m.Line Dancing 10 a.m. Line Dancing 1 p.m. Sewing Class 1-4 p.m. | Ceramics Painting 8:00 a.m.**Breakfast 9 a.m.**BINGO 9-10:30 a.m.Full Length Gentle Yoga (V)9:30 a.m. Bring Your Own Mat or Disinfecting WipesMemory Games and Reading Group 10 a.m.  Crocheting Group 1 p.m.Games & Dancing 5 p.m. | Ceramics Painting 8:00 a.m.BINGO 9-11:30 a.m.Movie in Auditorium 9:30 a.m.Artful Morning – Pencil Sketching 10:30 a.m.(V) - Video |
| **AVAILABLE DAILY:** Bingo, Billiards, & Card Games **Clothes Closet:** Monday ~ Friday 9 a.m. ~ 11:30 a.m. **LUNCH:** 12:00 p.m. |
|  |  |  | 1**Site Council Trip to Sams** **10 a.m.** | 2 Health Topics w/Marc Encompass 10:30 a.m. |
| 5Bingo will end at 10:00 a.m.Mother’s Day Program10:30 a.m. | 6Daily Bingo will end at 10 a.m.Bingo w/Dawn of Captel Phones10:00 a.m. | 7**Bash at the Ballfield 10 a.m.****VyStar Ballfield****Seating Limited.** **RSVP Only** **NO BINGO TODAY** | 8**FIELD TRIP:** Walmart 10 a.m.**SENIOR SERVICES****OPEN HOUSE 5 p.m. - 8 p.m.**  | 9Site Council Hot Dog Fundraiser and Game Day 10:30 a.m. |
| 12**FIELD TRIP:**Roses and 5 Below10:00 a.m. | 13Health is Wealth with Conviva10:30 a.m. | 14**FIELD TRIP:**Bridge the Gap 10:00 a.m. | 15 **Older Americans Month**  **Celebration**80’s Themed Sneaker Ball“80 is the New 60”Breaking Aging Stereotypes **5-8 p.m.** | 16Spring Trivia 10 a.m. |
| 19**FIELD TRIP:**Site Council to Roses 10:00 a.m. | 20**FIELD TRIP:**Potter’s House Bistro 10:30 a.m. | 21 **SENIOR EXPO****ADAM HERBERT CENTER** **UNF 10-12**NW FL Behavioral Health 10 a.m. | 22 | 23 |
| 26**CENTER CLOSED****IN OBSERVANCE OF** **MEMORIAL DAY** | 27**FIELD TRIP:** Publix w/Dietitian Sharon 10:00 a.m. | 28 Fun Day! 10:30 a.m.  | 29 Nutritional Ed. w/Sharon the Dietician 10:30 a.m.**SENIOR CENTER SHOWCASE!****MARY SINGLETON**  **10 a.m. - 2 p.m.** | 30Singleton Birthday Celebration 11 a.m. |