

# MARY L. SENIOR CENTER

150 E. 1st St. ~ Jacksonville, FL 32206 ~ (904) 255-6666 Specialist: Martinique Glover /Joana Ching

# SEPTEMBER 2025

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Walking 8:30 am Pocket Rockets Pool Group 8:30am-11:30a.m. Breakfast 9:00 a.m. Ceramics Group 9:00 a.m. BINGO 9:00 -11:00 a.m. Bible Study 10:00 a.m. Line Dancing 10:00 a.m. Drop in Ceramics 1:00 pm Line Dancing 1:00 p.m. Sewing Group 1:00 – 4:00 p.m.	Walking 8:30 a.m. Pocket Rockets Pool Group 8:30am-11:30a.m. Breakfast 9:00 a.m. Ceramics Group 9:00 a.m. Breakfast 9:00 a.m. Trivia 9:30 a.m.-10:00 a.m. Art Class 9:30 a.m.-2:30 p.m. Chair Volleyball 10:00 a.m. -11:00 a.m. Drop in Ceramics 1:00 pm Bingo 1:00 pm-3:00 pm	Walking 8:30 a.m. Pocket Rockets Pool Group 8:30am-11:30a.m. Breakfast 9:00 a.m. Ceramics Group 9:00 a.m. BINGO 10:00 - 11:30 a.m. Bible Study 10:00 a.m. Line Dancing 10:00 a.m. Drop in Ceramics 1:00 pm Line Dancing 1:00 p.m. Sewing Class 1:00 – 4:00 p.m.	Walking 8:30 a.m. Pocket Rockets Pool Group 8:30am-11:00 a.m. Ceramics Group 9:00 a.m. Breakfast 9:00 a.m. Trivia 9:30 ~ 10:00 a.m. Art Class 9:30 ~ 11:30 a.m. Chair Volleyball 10:00 ~ 11:00 a.m. Drop in Ceramics 1:00 pm Bingo 1:00 ~ 3:00 p.m. Crocheting Group 1:00 p.m. Games & Dancing 5:00 p.m.	Walking 8:30 a.m. Pocket Rockets Pool Group 8:30am-11:30 a.m. Ceramics Group 9:00 a.m. BINGO 10:00 - 11:00 a.m. Movie 9:30 a.m. Drop in Ceramics 1:00 pm Afternoon Movie: 2:00 p.m.
<b>AVAILABLE DAILY: Bingo, Pool, Ceramics, Clothes Closet: ,M,,M,W, 10:00-11:30 a.m. BREAKFAST: T,W,TH 9:00 A.M. LUNCH: 12:00 p.m. Everyday</b>				
1 CENTER CLOSED IN OBSERVANCE OF LABOR DAY	2 Food Pantry w/Nelson from Care Plus 10:30 a.m. *Registration Required* Site Council Trip to Sams 9:30 am	3 Captel Presentation 1-2 p.m.  <b>Trip to Walmart 10 a.m.</b>	4 Trip to Ride Autonomous with JTA 10:00 a.m.	5 Summer Swim at Blue Cypress 10 a.m. - 12 p.m.
8 National Grandparents Day! Trip to Ride Autonomous Vehicle with JTA- 10:00 a.m.  Site Council Meeting 10 a.m.	9 Identity Theft and Fraud with Dave of VyStar 10:00 a.m.  Site Council trip to 5 Below 10 a.m.	10 Bridge the Gap 9:30 a.m.  <b>CENTER CLOSING EARLY FOR CAS MEETING</b>	11 Karaoke Party 10 a.m. – 12 p.m.	12 Summer Swim at Blue Cypress 10 a.m. - 12 p.m.
15 Participants Meeting 11 a.m.	16 Summer Swim at Blue Cypress 10 a.m. - 12 p.m.	17 Northwest Behavior Group 10 a.m.  Singleton Fall Fleamarket & Hot Dog Fundraiser 9:30 a.m. - 1:30 p.m.	18 Fall Leaf Craft 9:30 a.m.  Trip to Ride Autonomous Vehicle with JTA 10:00 a.m.	19 Summer Swim at Blue Cypress 10 a.m. - 12 p.m.
22 <b>Trip to Emerson Thrift Store 10 a.m.</b>	23 Technology Pop-up w/CarePlus 11:00 a.m. in Green Room	24 National Senior Centers Month Team Event TBD  NO Bingo Today!	25 Nutritional Education with Sharon the Dietician ~ Sodium in Foods Trip to Ride Autonomous Vehicle with JTA 10:00 a.m.  CENTER CLOSES AT 3:00 SENIOR SERVICES OPEN HOUSE SOUTHSIDE CENTER 5:30 – 7:30	26 National Pancake Day Celebration 9:00am-10:00 am
29 National Coffee Day: Coffee Tasting Class 9:30 a.m. in green room * Sign up required*  <b>Trip to Seafood Express 10:30 a.m.</b>	30 National Extra Virgin Olive Oil Day: Learn about the Health benefits of EVOO and try some along the way! 10:30 a.m. <b>Mary Singleton Birthday Celebration 11:00 a.m.</b>	<b>September 22-26<sup>th</sup> is National Falls Prevention Awareness Week</b>		<b>September is National Senior Center's Month</b>