MANDARIN SENIOR CENTER    JULY 2025

3848 Hartley Road ~ Jacksonville, FL 32257 ~ (904) 255-6750 Specialist: David Wunder & Latrenia Thomas Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Morning Walk 9:30 a.m.Billiards 10 a.m.Chair Exercise 10 a.m.Ceramics 10:30 a.m.Bible Study 11 a.m.Chair Volleyball 11 a.m.Mahjong 1:30 p.m.Line Dance 1:30 p.m. | **Breakfast 9 a.m.** Wood Carving 9 a.m. Bingo 10 a.m. Kim’s Chair Dance Class 1 p.m. | **Breakfast 9 a.m.**Morning Walk 9:30 a.m.Billiards 10 a.m.Chair Exercise 10 a.m.Clay Sculpting 10 a.m.Knitting Group 10 a.m. Chair Volleyball 11 a.m. Single Pinochle 1 p.m. Mahjong 1:30 p.m. | **Breakfast 9 a.m.** Morning Walk 9:30 a.m.Bingo 10 a.m. Chair Yoga 10:30 a.m.Ceramics 12:30 p.m.Line Dance 1:30 p.m.  | Morning Walk 9:30 a.m.Billiards 10 a.m.Chair Exercise 10 a.m.Knitting Group 10 a.m. Chair Volleyball 11 a.m. Single Pinochle 1 p.m. |
| **AVAILABLE DAILY:** Trivia, Educational Material, Board Games, Cards, Creative Coloring, Word Search, Walking (Activities are Subject to Change) **LUNCH: 12 p.m.** |
|  | 1 Independence Day Celebration  10 a.m.NO BINGO or CHAIRDANCING TODAY (Food for Bingo moved to next week)WOODCARVING ~ MEET IN ANNEX | 2**FIELD TRIP: Walmart 10 a.m.** | 3Jewelry Making Class 10 a.m. (in the Annex)  | 4**CENTER CLOSED** **IN OBSERVANCE OF** **INDEPENDENCE DAY** |
| 7**FIELD TRIP:** **Newk’s / Chicken Salad Chick’s****10** a.m.**\*BIBLE STUDY MOVED TO TUESDAY 11 a.m. ----------------------->** | 8  National Freeze Pop Day **Food for Bingo Today****\*BIBLE STUDY 11 a.m.** Kim’s Chair Dance Class 1 p.m. | 9**FIELD TRIP: Bridge the Gap 10 a.m.** | 10 **No Chair Yoga Today.**Nutrition Education with SharonHealthy Fats and Oils 11 a.m. | 11**FIELD TRIP: Water Safety Class Blue Cypress Pool 10:30 a.m.** |
| 14Mandarin Site Council Meeting 10 a.m.Northwest Florida Behavioral Health Presentation 10:30 a.m.NO BIBLE STUDY TODAY | 15 Arts and Crafts Day Kim’s Chair Dance Class 1 p.m. | 16**FIELD TRIP: Rowes Supermarket 10 a.m.** | 17 **Prom Ticket Sales** **11 a.m. - 1 p.m.****FIELD TRIP: Canning Class****Extension Office** **10 a.m.**Participants Meeting 11:15 a.m. | 18  National Tropical Fruit Day  Kim’s Chair Dance Class 10 a.m. |
| 21 “National Junk Food Day”  Bring in your favorite junk food  to share with a friend.   | 22**FIELD TRIP: Swimming at Blue Cypress Pool 10:30 a.m.**Kim’s Chair Dance Class 1 p.m.  | 23**FIELD TRIP:** **Avenues Mall 10 a.m.** | 24 “National Refreshment Day”Bring a beverage to share with friends.  | 25Encompass Health Presentation Staying Safe at Home 10:30 a.m.Kim’s Chair Dance Class 10 a.m. Birthday Celebration 11:30 a.m. |
| 28 VyStar Presentation with Dave  “Your Credit Scores and How to Save When Grocery Shopping”  | 29**FIELD TRIP: Aqua Aerobics Blue Cypress Pool 10:30 a.m.**Kim’s Chair Dance Class 1 p.m. | 30**FIELD TRIP: Main Event (Bowling) 10** a.m. | 31 “National Chili Cheese Dog Days”  |  |