MANDARIN SENIOR CENTER    JULY 2025

3848 Hartley Road ~ Jacksonville, FL 32257 ~ (904) 255-6750 Specialist: David Wunder & Latrenia Thomas Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Morning Walk 9:30 a.m.  Billiards 10 a.m.  Chair Exercise 10 a.m.  Ceramics 10:30 a.m.  Bible Study 11 a.m.  Chair Volleyball 11 a.m.  Mahjong 1:30 p.m.  Line Dance 1:30 p.m. | **Breakfast 9 a.m.**  Wood Carving 9 a.m.  Bingo 10 a.m.  Kim’s Chair Dance Class 1 p.m. | **Breakfast 9 a.m.**  Morning Walk 9:30 a.m.  Billiards 10 a.m.  Chair Exercise 10 a.m.  Clay Sculpting 10 a.m.  Knitting Group 10 a.m.  Chair Volleyball 11 a.m.  Single Pinochle 1 p.m.  Mahjong 1:30 p.m. | **Breakfast 9 a.m.**  Morning Walk 9:30 a.m.  Bingo 10 a.m.  Chair Yoga 10:30 a.m.  Ceramics 12:30 p.m.  Line Dance 1:30 p.m. | Morning Walk 9:30 a.m.  Billiards 10 a.m.  Chair Exercise 10 a.m.  Knitting Group 10 a.m.  Chair Volleyball 11 a.m.  Single Pinochle 1 p.m. |
| **AVAILABLE DAILY:** Trivia, Educational Material, Board Games, Cards, Creative Coloring, Word Search, Walking (Activities are Subject to Change) **LUNCH: 12 p.m.** | | | | |
|  | 1 Independence Day Celebration  10 a.m.  NO BINGO or CHAIRDANCING TODAY  (Food for Bingo moved to next week)  WOODCARVING ~ MEET IN ANNEX | 2  **FIELD TRIP: Walmart 10 a.m.** | 3  Jewelry Making Class 10 a.m. (in the Annex) | 4  **CENTER CLOSED**  **IN OBSERVANCE OF**  **INDEPENDENCE DAY** |
| 7  **FIELD TRIP:**  **Newk’s / Chicken Salad Chick’s**  **10** a.m.  **\*BIBLE STUDY MOVED TO TUESDAY 11 a.m. ----------------------->** | 8  National Freeze Pop Day  **Food for Bingo Today**  **\*BIBLE STUDY 11 a.m.**  Kim’s Chair Dance Class 1 p.m. | 9  **FIELD TRIP: Bridge the Gap 10 a.m.** | 10  **No Chair Yoga Today.**  Nutrition Education with Sharon  Healthy Fats and Oils 11 a.m. | 11  **FIELD TRIP: Water Safety Class Blue Cypress Pool 10:30 a.m.** |
| 14  Mandarin Site Council Meeting  10 a.m.  Northwest Florida Behavioral Health Presentation 10:30 a.m.  NO BIBLE STUDY TODAY | 15  Arts and Crafts Day  Kim’s Chair Dance Class 1 p.m. | 16  **FIELD TRIP: Rowes Supermarket 10 a.m.** | 17 **Prom Ticket Sales**  **11 a.m. - 1 p.m.**  **FIELD TRIP: Canning Class**  **Extension Office**  **10 a.m.**  Participants Meeting 11:15 a.m. | 18  National Tropical Fruit Day  Kim’s Chair Dance Class 10 a.m. |
| 21  “National Junk Food Day”  Bring in your favorite junk food  to share with a friend. | 22  **FIELD TRIP: Swimming at Blue Cypress Pool 10:30 a.m.**  Kim’s Chair Dance Class 1 p.m. | 23  **FIELD TRIP:** **Avenues Mall 10 a.m.** | 24  “National Refreshment Day”  Bring a beverage  to share with friends. | 25  Encompass Health Presentation Staying Safe at Home 10:30 a.m.  Kim’s Chair Dance Class 10 a.m.  Birthday Celebration 11:30 a.m. |
| 28  VyStar Presentation with Dave  “Your Credit Scores and How to Save When Grocery Shopping” | 29  **FIELD TRIP: Aqua Aerobics Blue Cypress Pool 10:30 a.m.**  Kim’s Chair Dance Class 1 p.m. | 30  **FIELD TRIP: Main Event (Bowling) 10** a.m. | 31  “National Chili Cheese Dog Days” |  |