LINCOLN VILLA SENIOR CENTER JULY 2025

7866 New Kings Road ~ Jacksonville, FL 32219 ~ (904) 255-6810 Specialist: Christine Raysor Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Cards, Coloring, Crocheting, Pool, Quilting, Puzzles 8 a.m.Chair Exercise 9 a.m.Bible Trivia 10 a.m. | Cards, Coloring, Crocheting, Pool, Quilting, Puzzles 8 a.m.Chair Exercise 9 a.m.Bingo 10:00 a.m. | Cards, Coloring, Crocheting, Pool, Quilting, Puzzles 8 a.m.Chair Exercise 9 a.m.Bible Study 10:00 a.m. | Cards, Coloring, Crocheting, Pool, Quilting, Puzzles 8 a.m.Chair Exercise 9 a.m. | Cards, Coloring, Crocheting, Pool, Quilting, Puzzles 8 a.m.Chair Exercise 9 a.m.Bingo 10 a. m. |
| **AVAILABLE: Pool, Puzzles, Card, Exercise, Meditation, Trivia Breakfast 8:30 a.m. Tuesday - Thursday Lunch 12:00 p.m. Monday - Friday** |
|  | 1Educational DiscussionWhy We Celebrate 4th of July? | 2 | 3**Trip:** Walmart 9:30 a.m. | 4**CENTER CLOSED** **IN OBSERVANCE OF** **INDEPENDENCE DAY** |
| 7Assisted Living Resources with Sean Graham of Her Heart ALF10:30 a.m. | 8Adv. Council Shopping 9:30 a.m.Nutrition Education w/ SharonTopic: Healthier Fats and Oils  9:30 a.m.Charles from: Northwest Behavioral Health 10:00 - 11:30 a.m.**Trip: Summer Swim****Blue Cypress Pool****Aqua Aerobics 10-10:45 a.m.** | 9**Trip:** Bridge the GAP 9:30 a.m. | 10**Trip:** Batts Family Fun Center9:30 a.m. | 11**Trip:****Summer Swim****Blue Cypress Pool** **Water Safety 11-11:45 a.m.** |
| 14Advisory Council Meeting 10:00 a.m.Importance of Patient Advocacyw/Understood Care 10:30 a.m. | 15 **Prom Ticket Sales** **10 a.m. - 11 a.m.**United Health Care - Activity w/Nakaya9:30 – 10:30 a.m.Dedicated Seniors - BINGO w/Lakisa 10:30 a.m. | 16Encompass Health10 a.m. | 17**Trip:** Roses/Burlington 9:30 a.m. | 18 |
| 21Karaoke 11:00 – 1:00 p.m. | 22Advisory Council Shopping9:30 a.m.**Trip:** **Summer Swim****Blue Cypress Pool****Free Swim 11 – 11:45** | 23 | 24**Trip:** Potter’s House 10:30 a.m. | 25July Birthday Celebration |
| 28 | 29 | 30Tai Chi 10:30 a.m. | 31**Trip:** Rowes/Family Dollar 9:30 a.m. |  |