LANE WILEY SENIOR CENTER    AUGUST 2025

6710 Wiley Road ~ Jacksonville, FL 32210 ~ (904) 255-6644 Specialist: Chanel Stewart & Reginald Lucas Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| AA Meeting 9:30 a.m.  Bingo 10 a.m.  Chair Exercise 11 a.m.  Educational Material  12:30 p.m. | Breakfast 9:30 a.m.  Pinochle 10 a.m.  Chair Volleyball 11 a.m.  Afternoon Game Day 1 p.m. | Breakfast 9:30 a.m.  Chair Exercise 11 a.m.  Educational Material  12:30 p.m. | Breakfast 9:30 a.m.  Bible Class 11 a.m.  Chair Volleyball 11 a.m.  Wii Bowling 1p.m. | AA Meeting 9:30 a.m.  Bingo 10 a.m.  Chair Exercise 11 a.m.  Educational Material 12:30 p.m. |
| **AVAILABLE:** Word Puzzles, Bingo, Computer Lab, Cards, Billiards, Exercise, Walking, Reading, Games & Wii **LUNCH:** 12 p.m. | | | | |
|  |  |  |  | 1  NW Behavioral Health  9 – 10:30 a.m.  AA Meeting w/ Mark and Ron 9:30 a.m.  Trivia with Archwell Health 10:30a.m. |
| 4  **Trip:** Shopping at Walmart (Normandy Blvd) 10 a.m. | 5  Site Council Meeting 10 a.m.  Feeding NE Florida Healthy Eating and Food Demonstration 11:00 a.m. | 6  National Root Beer Day 12 p.m. | 7  Karaoke with Thorp 11 a.m.  Is it a Scam? Via Senior Planet 4:30 a.m. | 8  **SENIOR PROM**  **“A Golden Time of Day”**  **PRIME OSBORNE**  **5:30 ~ 8:30** |
| 11  Mocktails and Magnets  w/Ms. Christine 1 p.m. | 12  Participant Meeting 10 a.m. | 13  **Trip:** Shopping at Shrimp Shack Kitchen 11 a.m.  **CENTER CLOSING EARLY**  **FOR CAS MEETING** | 14  **Trip:** Ceramics at Mary Singleton 11 a.m. | 15  Shine Presentation 10:30 a.m.  Welcome Committee Meeting  10 a.m. |
| 18  Archwell Health 11 a.m.  **Trip:** Shopping at Aldi’s Supermarket 10 a.m. | 19  **Blue Cypress Pool**  **Aqua Aerobics Class 10 a.m.**  Diamond Dots 10:30 a.m.  Holistic Wellness Discussion Group via Senior Planet 2 p.m. | 20  **Trip:** Commodities  at Bridge the Gap 10 a.m.  Grief Share w/ Mrs. Kohn 12 p.m. | 21  National Senior Citizen’s Day  Day of Play  Wii Bowling w/Pine Forest  10:30 a.m. | 22  Spotlight Senior of the Month Recognition Ceremony 12 p.m.  **Blue Cypress Pool**  **Summer’s End**  **Free Swim! 10 ~ 12** |
| 25  Nutritional Education  with Dietician, Sharon  “Reducing Sodium Consumption” 11 a.m. | 26  **Trip:**  Shopping at Goodwill 10:30 a.m.  \*National Second-Hand Wardrobe Day\* | 27  Spanish Club via Senior Planet  4 p.m. | 28  **Trip:** Ceramics at Mary Singleton 11 a.m.  ***Site Council Fundraiser***  **Throwback Thursday ALL WHITE AFFAIR**  **5 p.m. - 8 p.m.** | 29  Birthday Celebration 12 p.m. |