JIM FORTUNA SENIOR CENTER JULY 2025

11751 McCormick Rd – Jacksonville, FL 32225 - (904) 255-6844 Specialist – Holly Eastman Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Early Riser Walk 8 a.m.Puzzle 8 a.m.American History 10 a.m.Chair exercise (V) 11:00 a.m.Chinese Mahjong 11:30 a.m.Quilt & Sew 12 p.m.Chair Volleyball Free Play12:30-2 p.m.Bible Study 1 p.m.Billiards Pool 2 p.m.Senior Fitness 3 p.m. | Early Riser Walk 8 a.m.Tai Chi 8:30 a.m. (V)Fun Bridge 9 a.m.(open group, all skills)Health Class 10 a.m.Pinochle 10 a.m.Movie & Popcorn 12:45 a.m.Line Dance 1 p.m.Buddy Canasta 2 p.m.Stretching 3 p.m. | Early Riser Walk 8 a.m.Exercise Class (V) 8:30 a.m.Cribbage 9:30 a.m.Cookie Bridge 9:30 a.m.Pinochle 10 a.m.Lunch Trivia 11:00 a.m.Coloring Group 12 p.m.Team Volleyball Practice12-1:30Mahjong 12 p.m.Line Dance 1 p.m.Chair Volleyball 1:30-4 p.m. | Early Riser Walk 8 a.m.Wood Carving 8 –11:30 a.m.Pinochle 9 a.m.Ladies Canasta 9:30 a.m.Drumming Cardio 10:30 a.m.**Bridge Too Far 10:30 a.m.**Line Dance 1 p.m.Buddy Canasta 2 p.m.Sr Fitness 3 p.m. | Early Riser Walk 8 a.m.Chair Exercise (V)8:30 a.m.Ladies Canasta 9 a.m.**Chinese Folk Dancing** **9:30-11 a.m.****Aerobics class 11:15 a.m. (V)**Chess 11:30 a.m.Chinese Mahjong 12 p.m.Table Tennis 12:30-1:30 p.m.Chair Volleyball 1:30-3:30p.m (V)=Video |
| **AVAILABLE DAILY-** Adult Coloring, Card Games, Computer Lab, Dominoes, Hidden Picture, Pool, Puzzles, Walking, Word Puzzles, & Educational Topics **Breakfast Served Tuesday, Wednesday, and Thursday 9 a.m.-10 a.m.**  |
|  | 1 CENTER CLOSED FOR MAINTENANCE  | 2 Site Council Meeting 9 a.m. | 3 Cool Chic's Bridge 1 p.m.(No classes after 2 p.m.) | 4**CENTER CLOSED** **IN OBSERVANCE OF****INDEPENDENCE DAY** |
| 7 Men's Coffee 10 a.m.Members Meeting 11:00 a.m. | 8Levi Worship Group Music 11 a.m.Summer Party Cookout w/ B. Furlong and ArlingtonHosted by Nelson w/CarePlus11:30 a.m. | 9 **Field Trip:**Visiting New Senior Center ~Pine Forest 9:30 a.m.Cool Chic’s Bridge 1:00 p.m. | 10 Encompass Health on Arthritis11:30 a.m. | 11  **Summer Swim** **Blue Cypress Pool** **Water Safety 11 a.m.**Carrie w/Shine 11:30 a.m. |
| 14 Men's Coffee 10 a.m.Technology 101 w/CarePlus 10:30 a.m. | 15 PAL Food Giveaway 9 a.m.Craft Class w/Carmen 11 a.m.Canasta Gals 11 a.m. | 16 **Field Trip:**Bridge the Gap 9:30 a.m.  | 17 Food Pantry w/CarePlus 11:30 a.m. | 18 National Ice Cream DayPick Your Favorite! $2 12 p.m.Entertainment w/Latina Singer “Lizzie” 12:15 p.m.Spanish Class 1 p.m. |
| 21 Men's Coffee 10 a.m. | 22 **Summer Swim** **Free Swim 10 a.m.**David Koblen ~ Clarity Coach “Purpose” as Key to Aging Well 11 a.m.Lunch Out: TBD12 p.m. \*\*No Bus\*\* | 23 Nutrition Education with SharonTopic: Healthier Fats and Oils 10:30 a.m.Wacky Wednesday Salads 12 p.m.Cool Chic’s Bridge 1:00 p.m. | 24 Patient AdvocateUnderstood Care w/Deborah11:30 a.m. | 25Tai Chi w/Charles10:30 a.m. Birthday Celebration 12 p.m. |
| 28 Men's Coffee 10 a.m. | 29  **Summer Swim**  **Aqua Aerobics 10 a.m.**Canasta Gals 11 a.m.Megan of Archwell BINGO and Treats 11 a.m. | 30 Florida Blue w/ Brenda11 a.m.Cool Chic’s Bridge 1:00 p.m. | 31 **Field Trip:** Shopping at Fresh Field Farms 9:30 a.m. \*sign up\* |  |