JIM FORTUNA SENIOR CENTER JUNE 2025

11751 McCormick Rd – Jacksonville, FL 32225 - (904) 255-6844 Specialist – Holly Eastman Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Early Riser Walk 8 a.m.  Puzzle 8 a.m.  American History 10 a.m.  Chair Exercise (V) 11:00 a.m.  Chinese Mahjong 11:30 a.m.  Quilt & Sew 12 p.m.  Bible Study 1 p.m.  Billiards Pool 2 p.m.  Sr. Fitness 3 p.m. | Early Riser Walk 8 a.m.  Tai Chi 8:30 a.m. (V)  Fun Bridge 9 a.m.  (open group all skills)  Health Class 10 a.m.  Pinochle 10 a.m.  Movie & Popcorn 12:45 a.m.  Line Dance 1 p.m.  Buddy Canasta 2 p.m.  Stretching 3 p.m. | Early Riser Walk 8 a.m.  Exercise Class (V) 8:30 a.m.  Cribbage 9:30 a.m.  Cookie Bridge 9:30 a.m.  Pinochle 10 a.m.  Lunch Trivia 11:00 a.m.  Coloring Group 12 p.m.  Team Volleyball Practice 12-1:30  Mahjong 12 p.m.  Line Dance 1 p.m.  Chair Volleyball 1:30-4 p.m. | Early Riser Walk 8 a.m.  Wood Carving 8 –11:30 a.m.  Pinochle 9 a.m.  Ladies Canasta 9:30 a.m.  Drumming Cardio 10:30 a.m.  **Bridge Too Far 10:30 a.m.**  Line Dance 1 p.m.  Buddy Canasta 2 p.m.  Sr Fitness 3 p.m. | Early Riser Walk 8 a.m.  Chair Exercise (V) 8:30 a.m.  Blood Pressure Check 9 a.m.  Ladies Canasta 9 a.m.  Aerobics class 10 a.m. (V)  Chess 11:30 a.m.  Chinese Mahjong 12 p.m.  Table Tennis 11:15 a.m.  Chair Volleyball 1:30-3:30 p.m.  (V)=Video |
| **AVAILABLE DAILY-** Adult Coloring, Card Games, Computer Lab, Dominoes, Hidden Picture, Pool, Puzzles, Walking, Word Puzzles, & Educational Topics  **Breakfast Served Tuesday, Wednesday, and Thursday 9 a.m.-10 p.m.** | | | | |
| 2  Men's Coffee 10 a.m.  Technology 101 w/CarePlus  10:30 a.m. | 3  Canasta Gals 11 a.m.  Tailored Home Care Services “Benefits of Home Care” 11 a.m. | 4  Site Council Meeting 9 a.m.  Retirement “Ready or Not”  Speaker Debra of AmeriLife  10:30 a.m. | 5  AHEC - Tips on Stress Management  11 a.m.  Nutrition Consults w/Dietician Sharon 12 p.m.    Cool Chic's Bridge 1 p.m. | 6  Musical Entertainment w/Carmen of Windsor San Pablo 10:30-11:30 a.m.  International **American** Day  Food Tasting 12 p.m.  Spanish Class 1 p.m. |
| 9  Men's Coffee 10 a.m.    Members Meeting 11 a.m. | 10  Heartful Healing Art Expression Class w/Neissa 11 a.m. | 11  Super Trivia w/Brad 11 a.m.  Cool Chic's Bridge 1 p.m. | 12  Ann’s Cooking Class  11:30 a.m. | 13  Fitness w/ Linton of CarePlus  10:30 a.m.  International **European** Day Food Tasting 12 p.m. |
| 16  Men's Coffee 10 a.m. | 17  PAL Food Giveaway 9 a.m.  Canasta Gals 11 a.m.    Fathers’ Day Lunch  & Flag Day Celebration 11:30 a.m. | 18  **Field Trip**  Bridge the Gap 9:30 a.m.  \*\*Sign up\*\*  Brenda w/Fla Blue 11:30 a.m. | 19  CENTER CLOSED  IN OBSERVANCE OF  JUNETEENTH | 20  International **Asian** Day  Food Tasting 12 p.m.  Empowered Voice  Speech Language Pathologist Ashley with a Focus on Parkinsons 1:00 p.m. |
| 23  Men's Coffee 10 a.m. | 24  Lunch Out: TBD  12 p.m. \*\*No Bus\*\* | 25  Root Beer Floats 11:30 a.m.  Poetry Day 12 p.m.  Cool Chic's Bridge 1 p.m. | 26  Encompass Health Presents:  BALANCE 11:30 a.m. | 27  International **Latin** Day Food Tasting 12 p.m.  Birthday Celebration  12:30 p.m. |
| 30  Men's Coffee 10 a.m. |  |  |  |  |