JIM FORTUNA SENIOR CENTER JUNE 2025

11751 McCormick Rd – Jacksonville, FL 32225 - (904) 255-6844 Specialist – Holly Eastman Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Early Riser Walk 8 a.m.Puzzle 8 a.m.American History 10 a.m.Chair Exercise (V) 11:00 a.m.Chinese Mahjong 11:30 a.m.Quilt & Sew 12 p.m.Bible Study 1 p.m.Billiards Pool 2 p.m.Sr. Fitness 3 p.m. | Early Riser Walk 8 a.m.Tai Chi 8:30 a.m. (V)Fun Bridge 9 a.m.(open group all skills)Health Class 10 a.m.Pinochle 10 a.m.Movie & Popcorn 12:45 a.m.Line Dance 1 p.m.Buddy Canasta 2 p.m.Stretching 3 p.m. | Early Riser Walk 8 a.m.Exercise Class (V) 8:30 a.m.Cribbage 9:30 a.m.Cookie Bridge 9:30 a.m.Pinochle 10 a.m.Lunch Trivia 11:00 a.m.Coloring Group 12 p.m.Team Volleyball Practice 12-1:30Mahjong 12 p.m.Line Dance 1 p.m.Chair Volleyball 1:30-4 p.m. | Early Riser Walk 8 a.m.Wood Carving 8 –11:30 a.m.Pinochle 9 a.m.Ladies Canasta 9:30 a.m.Drumming Cardio 10:30 a.m.**Bridge Too Far 10:30 a.m.**Line Dance 1 p.m.Buddy Canasta 2 p.m.Sr Fitness 3 p.m. | Early Riser Walk 8 a.m.Chair Exercise (V) 8:30 a.m.Blood Pressure Check 9 a.m.Ladies Canasta 9 a.m.Aerobics class 10 a.m. (V)Chess 11:30 a.m.Chinese Mahjong 12 p.m.Table Tennis 11:15 a.m.Chair Volleyball 1:30-3:30 p.m. (V)=Video |
|  **AVAILABLE DAILY-** Adult Coloring, Card Games, Computer Lab, Dominoes, Hidden Picture, Pool, Puzzles, Walking, Word Puzzles, & Educational Topics  **Breakfast Served Tuesday, Wednesday, and Thursday 9 a.m.-10 p.m.**  |
| 2 Men's Coffee 10 a.m.Technology 101 w/CarePlus10:30 a.m. | 3 Canasta Gals 11 a.m.Tailored Home Care Services “Benefits of Home Care” 11 a.m. | 4 Site Council Meeting 9 a.m.Retirement “Ready or Not”Speaker Debra of AmeriLife10:30 a.m. | 5 AHEC - Tips on Stress Management11 a.m.Nutrition Consults w/Dietician Sharon 12 p.m. Cool Chic's Bridge 1 p.m. | 6 Musical Entertainment w/Carmen of Windsor San Pablo 10:30-11:30 a.m.International **American** DayFood Tasting 12 p.m.Spanish Class 1 p.m. |
| 9 Men's Coffee 10 a.m. Members Meeting 11 a.m. | 10 Heartful Healing Art Expression Class w/Neissa 11 a.m. | 11Super Trivia w/Brad 11 a.m.Cool Chic's Bridge 1 p.m. | 12 Ann’s Cooking Class 11:30 a.m. | 13 Fitness w/ Linton of CarePlus 10:30 a.m.International **European** Day Food Tasting 12 p.m. |
| 16 Men's Coffee 10 a.m. | 17 PAL Food Giveaway 9 a.m.Canasta Gals 11 a.m. Fathers’ Day Lunch& Flag Day Celebration 11:30 a.m. | 18 **Field Trip**Bridge the Gap 9:30 a.m.\*\*Sign up\*\*Brenda w/Fla Blue 11:30 a.m. | 19CENTER CLOSED IN OBSERVANCE OF JUNETEENTH | 20 International **Asian** DayFood Tasting 12 p.m.Empowered Voice Speech Language Pathologist Ashley with a Focus on Parkinsons 1:00 p.m. |
| 23 Men's Coffee 10 a.m. | 24 Lunch Out: TBD12 p.m. \*\*No Bus\*\* | 25Root Beer Floats 11:30 a.m.Poetry Day 12 p.m.Cool Chic's Bridge 1 p.m. | 26Encompass Health Presents: BALANCE 11:30 a.m.    | 27International **Latin** Day Food Tasting 12 p.m.Birthday Celebration12:30 p.m. |
| 30 Men's Coffee 10 a.m. |  |  |  |  |