JIM FORTUNA SENIOR CENTER MAY 2025

11751 McCormick Rd – Jacksonville, FL 32225 - (904) 255-6844 Specialist – Holly Eastman Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Early Riser Walk 8 a.m.Puzzle 8 a.m.Chair Yoga (V) 8:30 a.m.American History 10 a.m.Computer Fun 11 a.m.Chair Zumba 11 a.m.Chinese Mahjong 11:30 a.m.Quilt & Sew 12 p.m.Bible Study 1 p.m.Billiards Pool 2 p.m.Sr. Fitness 3 p.m. (V)=Video | Early Riser Walk 8 a.m.Tai Chi 8:30 a.m. (V)Fun Bridge 9 a.m.Relaxation & Meditation w/ Ann 9:15 a.m.Health Class 10 a.m.Pinochle 10 a.m.Movie & Popcorn 12:45 a.m.Line Dance 1 p.m.Buddy Canasta 2 p.m.Stretching 3 p.m. | Early Riser Walk 8 a.m.Pat’s Canasta 8:30 a.m.Exercise Class (V) 8:30 a.m.Cribbage 9:30 a.m.Cookie Bridge 9:30 a.m.Pinochle 10 a.m.Lunch Trivia 11:00 a.m.Coloring Group 12 p.m.Team Volleyball Practice 12-1:30Mahjong 12 p.m.Line Dance 1 p.m.Chair Volleyball 1:30-4 p.m. | Early Riser Walk 8 a.m.Wood Carving 8 –11:30 a.m.Pinochle 9 a.m.Ladies Canasta 9:30 a.m.Open Art Workshop 10:00-12Drumming Cardio 10:30 a.m.Line Dance 1 p.m.Buddy Canasta 2 p.m.Ballroom Dance 2:15 p.m.Sr. Fitness 3 p.m. | Early Riser Walk 8 a.m.Chair Exercise (V) 8:30 a.m.Blood Pressure Check 9 a.m.Ladies Canasta 9 a.m.Aerobics class 10 a.m. (V)Chess 11:30 a.m.Chinese Mahjong 12 p.m.Table Tennis 11:15 a.m.Chair Volleyball 1:30-3:30 p.m. |
| **AVAILABLE DAILY-** Adult Coloring, Card Games, Computer Lab, Dominoes, Hidden Picture, Pool, Puzzles, Walking, Word Puzzles, & Educational Topics  |
|  |  |  | 1Mood & Brain Supplements/Nutrients w/Sharon 10:30 a.m. Nutrition Consults w/ Dietician Sharon 11:30 a.m.Cool Chic's Bridge 1 p.m. | 2 Spanish Class 1 p.m. |
| 5 Men's Coffee 10 a.m. Reiki Meditation w/Ann 2 p.m. | 6 Jacksonville Transit Authority w/JTA Reps. 11 a.m. Canasta Gals 11 a.m. | 7  **Bash at the Ballfield****VyStar Ballpark****Limited Tickets Available****RSVP Required** | 8 Site Council Meeting 9 a.m. Shopping w/Dietician Sharon 10 a.m. | 9 **Mothers’ Day Potluck Lunch****12 p.m.** |
| 12Men's Coffee 10 a.m.Members Meeting 11 a.m. | 13 PAL Food Giveaway 9 a.m.Lunch Out: Location TBD 12 p.m. \*\*No Bus\*\* | 14Scam Prevention w/Conviva10:30 a.m.Cool Chic's Bridge 1 p.m. | 15 Instructed Tai Chi w/Charles 10 a.m. Veterans’ Card Making 11:30 a.m. | 16Harmony Sr Advisor w/Chuck 11 a.m. Spanish Class 1 p.m. |
| 19Men's Coffee 10 a.m. | 20PAL Food Giveaway 9 amCanasta Gals 11 a.m.Lunch Out: Location TBD 12 p.m. \*\*No Bus\*\* | 21Morning Stroll 10 a.m.Ed Austin Park | 22**SENIOR EXPO****ADAM HERBERT CENTER** **UNF 10-12** | 23 **Memorial Day Cookout** **w/Music: Levi Worship Group** **11:30 a.m.** |
| 26**CENTER CLOSED****IN OBSERVANCE OF** **MEMORIAL DAY** | 27 Supervisor of Elections Voting Machine Express Demo & Registration Drive 11:30 a.m. | 28Cool Chic's Bridge 1 p.m. | 29 **Field Trip:**Arboretum and Botanical Gardens Nature Walk Outing w/Bennie Furlong10:30 a.m.**SENIOR CENTER SHOWCASE!****MARY SINGLETON**  **10 a.m. - 2 p.m.** | 30 Craft w/Carmen from Windsor 11 a.m. Birthday Celebration 12 p.m. |