JIM FORTUNA SENIOR CENTER MAY 2025

11751 McCormick Rd – Jacksonville, FL 32225 - (904) 255-6844 Specialist – Holly Eastman Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Early Riser Walk 8 a.m.  Puzzle 8 a.m.  Chair Yoga (V) 8:30 a.m.  American History 10 a.m.  Computer Fun 11 a.m.  Chair Zumba 11 a.m.  Chinese Mahjong 11:30 a.m.  Quilt & Sew 12 p.m.  Bible Study 1 p.m.  Billiards Pool 2 p.m.  Sr. Fitness 3 p.m. (V)=Video | Early Riser Walk 8 a.m.  Tai Chi 8:30 a.m. (V)  Fun Bridge 9 a.m.  Relaxation & Meditation  w/ Ann 9:15 a.m.  Health Class 10 a.m.  Pinochle 10 a.m.  Movie & Popcorn 12:45 a.m.  Line Dance 1 p.m.  Buddy Canasta 2 p.m.  Stretching 3 p.m. | Early Riser Walk 8 a.m.  Pat’s Canasta 8:30 a.m.  Exercise Class (V) 8:30 a.m.  Cribbage 9:30 a.m.  Cookie Bridge 9:30 a.m.  Pinochle 10 a.m.  Lunch Trivia 11:00 a.m.  Coloring Group 12 p.m.  Team Volleyball Practice 12-1:30  Mahjong 12 p.m.  Line Dance 1 p.m.  Chair Volleyball 1:30-4 p.m. | Early Riser Walk 8 a.m.  Wood Carving 8 –11:30 a.m.  Pinochle 9 a.m.  Ladies Canasta 9:30 a.m.  Open Art Workshop 10:00-12  Drumming Cardio 10:30 a.m.  Line Dance 1 p.m.  Buddy Canasta 2 p.m.  Ballroom Dance 2:15 p.m.  Sr. Fitness 3 p.m. | Early Riser Walk 8 a.m.  Chair Exercise (V) 8:30 a.m.  Blood Pressure Check 9 a.m.  Ladies Canasta 9 a.m.  Aerobics class 10 a.m. (V)  Chess 11:30 a.m.  Chinese Mahjong 12 p.m.  Table Tennis 11:15 a.m.  Chair Volleyball 1:30-3:30 p.m. |
| **AVAILABLE DAILY-** Adult Coloring, Card Games, Computer Lab, Dominoes, Hidden Picture, Pool, Puzzles, Walking, Word Puzzles, & Educational Topics | | | | |
|  |  |  | 1  Mood & Brain Supplements/Nutrients  w/Sharon 10:30 a.m.  Nutrition Consults w/ Dietician Sharon 11:30 a.m.  Cool Chic's Bridge 1 p.m. | 2  Spanish Class 1 p.m. |
| 5  Men's Coffee 10 a.m.  Reiki Meditation w/Ann 2 p.m. | 6  Jacksonville Transit Authority  w/JTA Reps. 11 a.m.  Canasta Gals 11 a.m. | 7  **Bash at the Ballfield**  **VyStar Ballpark**  **Limited Tickets Available**  **RSVP Required** | 8  Site Council Meeting 9 a.m.  Shopping w/Dietician Sharon 10 a.m. | 9  **Mothers’ Day Potluck Lunch**  **12 p.m.** |
| 12  Men's Coffee 10 a.m.  Members Meeting 11 a.m. | 13  PAL Food Giveaway 9 a.m.  Lunch Out: Location TBD 12 p.m.  \*\*No Bus\*\* | 14  Scam Prevention w/Conviva  10:30 a.m.  Cool Chic's Bridge 1 p.m. | 15  Instructed Tai Chi w/Charles 10 a.m.  Veterans’ Card Making 11:30 a.m. | 16  Harmony Sr Advisor w/Chuck 11 a.m.  Spanish Class 1 p.m. |
| 19  Men's Coffee 10 a.m. | 20  PAL Food Giveaway 9 am  Canasta Gals 11 a.m.  Lunch Out: Location TBD 12 p.m.  \*\*No Bus\*\* | 21  Morning Stroll 10 a.m.  Ed Austin Park | 22  **SENIOR EXPO**  **ADAM HERBERT CENTER**  **UNF 10-12** | 23  **Memorial Day Cookout**  **w/Music: Levi Worship Group**  **11:30 a.m.** |
| 26  **CENTER CLOSED**  **IN OBSERVANCE OF**  **MEMORIAL DAY** | 27  Supervisor of Elections  Voting Machine Express Demo & Registration Drive 11:30 a.m. | 28  Cool Chic's Bridge 1 p.m. | 29  **Field Trip:**  Arboretum and Botanical Gardens  Nature Walk Outing w/Bennie Furlong  10:30 a.m.  **SENIOR CENTER SHOWCASE!**  **MARY SINGLETON**  **10 a.m. - 2 p.m.** | 30  Craft w/Carmen from Windsor  11 a.m.  Birthday Celebration 12 p.m. |