J.S. JOHNSON SENIOR CENTER    JULY 2025

1112 Jackson Street ~ Jacksonville, FL 32204 ~ (904) 255-6755 Specialist: Tonya Martin Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Billiards 10 a.m.Musical Groove 10 a.m.Cards 12:30 p.m.Checkers 1:30 p.m. | Breakfast 9:00 a.m.Arts and Crafts 10 a.m. Billiards 10 a.m. Musical Groove 10 a.m.Cards 12:30 p.m.Checker 1:30 p.m. | Breakfast 9:00 a.m.Billiards 10 a.m. Musical Groove 10 a.m. Exercise 10 a.m.Cards 12:30 p.m.Checker 1:30 p.m. | Breakfast 9:00 a.m. Billiards 10 a.m. Musical Groove 10 a.m. Bingo 10 a.m. Cards 12:30 p.m.Checker 1:30 p.m. | Billiards 10 a.m. Musical Groove 10 a.m. Exercise 10 a.m. Cards 12:30 p.m.Checker 1:30 p.m.  |
| **AVAILABLE**: Card Games, Exercise, Word Puzzles, Jigsaw Puzzles, Billiards, Reading **LUNCH: 12 noon**  |
|  | 1 4th July Trivia Game 10:30 a.m. | 2Northwest Behavior Health10 a.m. | 3**Field Trip:** Golden Corral11 a.m. | 4**CENTER CLOSED** **IN OBSERVANCE OF** **INDEPENDENCE DAY** |
| 7Participant’s Meeting 10:30 a.m. | 8  **Summer Swim** **Blue Cypress Pool** **Aqua Aerobics 11 a.m.****Field Trip:** Wal-Mart 10:30 a.m. | 9**Field Trip:** Bridge the Gap 10 a.m. | 10 | 11 **Summer Swim** **Blue Cypress Pool** **Water Safety 10 a.m.** |
| 14Chair Volleyball 10:30 a.m. | 15**Field Trip:** Roses, BurlingtonGateway 10:30 a.m. | 16Nutrition Education and Meal Demonstration w/Maria of Feeding Northeast Florida | 17Making Jewelry w/Lakisa Rossof Dedicated 11 a.m. | 18Fellowship Breakfast 9:00 a.m.(possible time change)  |
| 21Big Bingo w/Dedicated 10 a.m.Bible Study w/Pastor Warren 10: 30 a.m. | 22Get Up and Move w/Diane(Charlie Joseph) 10:30 a.m. **Summer Swim** **Blue Cypress Pool** **Free Swim 10 a.m.** | 23National Ice –Cream Day | 24**Field Trip:** Rowes Grocery Store10:30 a.m. | **25**Nutrition Education w/SharonHealthy Fats and Oils11 a.m.**Birthday Celebration 12 p.m.** |
| 28Bible Study w/Pastor Warren10:30 a.m. | 29**Field Trip:** Thrift Store 10:30 a.m. | 30Art/Paint Activity w/Neissa ofHe "art” Healing 10:30 a.m. | 31Chair Volleyball 10:30 a.m. |  |