J.S. JOHNSON SENIOR CENTER    JULY 2025

1112 Jackson Street ~ Jacksonville, FL 32204 ~ (904) 255-6755 Specialist: Tonya Martin Monday – Friday ~ 8 a.m. to 5 p.m.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Billiards 10 a.m.  Musical Groove 10 a.m.  Cards 12:30 p.m.  Checkers 1:30 p.m. | Breakfast 9:00 a.m.  Arts and Crafts 10 a.m.  Billiards 10 a.m.  Musical Groove 10 a.m.  Cards 12:30 p.m.  Checker 1:30 p.m. | Breakfast 9:00 a.m.  Billiards 10 a.m.  Musical Groove 10 a.m.  Exercise 10 a.m.  Cards 12:30 p.m.  Checker 1:30 p.m. | Breakfast 9:00 a.m.  Billiards 10 a.m.  Musical Groove 10 a.m.  Bingo 10 a.m.  Cards 12:30 p.m.  Checker 1:30 p.m. | Billiards 10 a.m.  Musical Groove 10 a.m. Exercise 10 a.m.  Cards 12:30 p.m.  Checker 1:30 p.m. |
| **AVAILABLE**: Card Games, Exercise, Word Puzzles, Jigsaw Puzzles, Billiards, Reading **LUNCH: 12 noon** | | | | |
|  | 1  4th July Trivia Game 10:30 a.m. | 2  Northwest Behavior Health  10 a.m. | 3  **Field Trip:** Golden Corral  11 a.m. | 4  **CENTER CLOSED**  **IN OBSERVANCE OF**  **INDEPENDENCE DAY** |
| 7  Participant’s Meeting 10:30 a.m. | 8  **Summer Swim**  **Blue Cypress Pool**  **Aqua Aerobics 11 a.m.**  **Field Trip:** Wal-Mart 10:30 a.m. | 9  **Field Trip:** Bridge the Gap  10 a.m. | 10 | 11  **Summer Swim**  **Blue Cypress Pool**  **Water Safety 10 a.m.** |
| 14  Chair Volleyball 10:30 a.m. | 15  **Field Trip:** Roses, Burlington  Gateway 10:30 a.m. | 16  Nutrition Education and Meal Demonstration w/Maria of Feeding Northeast Florida | 17  Making Jewelry w/Lakisa Ross  of Dedicated 11 a.m. | 18  Fellowship Breakfast 9:00 a.m.  (possible time change) |
| 21  Big Bingo w/Dedicated 10 a.m.  Bible Study w/Pastor Warren  10: 30 a.m. | 22  Get Up and Move w/Diane  (Charlie Joseph) 10:30 a.m.  **Summer Swim**  **Blue Cypress Pool**  **Free Swim 10 a.m.** | 23  National Ice –Cream Day | 24  **Field Trip:** Rowes Grocery Store  10:30 a.m. | **25**  Nutrition Education w/Sharon  Healthy Fats and Oils  11 a.m.  **Birthday Celebration 12 p.m.** |
| 28  Bible Study w/Pastor Warren  10:30 a.m. | 29  **Field Trip:** Thrift Store  10:30 a.m. | 30  Art/Paint Activity w/Neissa of  He "art” Healing 10:30 a.m. | 31  Chair Volleyball 10:30 a.m. |  |