FRANCES PADGETT ARLINGTON SENIOR CENTER JUNE 2025

1078 Rogero Rd. ~ Jacksonville, FL 32211 ~ (904) 255-6733 Specialist: Courtney Bend Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Card Games 8:00 a.m. Puzzles 8:00 a.m. Chair Yoga 8:30 a.m. Dominos 8:30 a.m.Word Games 9:30 a.m. Morning Walk 10 a.m. Zumba Gold 10:30 a.m.Computer Class 10:30 a.m. Bingo 12 p.m. | Card Games 8:00 a.m. Puzzles 8:00 a.m. Dominos 8:30 a.m.Blood Pressure 9:30 a.m. Bible Study 10 a.m. Morning Walk 10 a.m. Jazzco Line Dance 12:30 p.m. Square Dance 7 p.m. | Chair Yoga 8:30 a.m. Dominos 8:30 a.m.Trivia 9:30 a.m. Morning Walk 10 a.m.Zumba Gold 10:30 a.m.Computer Class 12 p.m. Ballroom Dancing 7 p.m. | Blood Pressure 9:30 a.m.Dominos 8:30 a.m.Bible Study 10 a.m.Drumming Exercise 10 a.m.Morning Walk 10 a.m.Bingo 12 p.m. | Card Games 8:00 a.m.Puzzles 8:00 a.m.Dominos 8:30 a.m.Chair Yoga 8:30 a.m. Word Games 9:30 a.m.Morning Walk 10 a.m.Bingo 12 p.m. |
| **AVAILABLE DAILY:** Adult Coloring, Card Games, Computer Lab, Dominoes, Hidden Picture, Billiards, Walking, Word Puzzles, & Educational Topics**BREAKFAST: Tuesday-Thursday 8:30 a.m. LUNCH: 11:30 a.m.** |
| 2 **National Safety Month!**Safety Trivia 9:30 a.m. | 3 **Field Trip:** Aldi’s 10 a.m.Crochet Class 10 a.m. | 4 Frances Padgett Site Council Meeting 10 a.m. | 5 **Yard Sale and Hot Dog Fundraiser 9 a.m.-2 p.m.****$10 to Reserve Table** **- Space Limited****$5 Hot Dog, Chips and a Drink** | 6**Yard Sale and Hot Dog Fundraiser 9 a.m.-12 p.m.****$10 to Reserve Table Space Limited****$5 Hot Dogs, Chips and a Drink** |
| 9Pet Low-Cost Resource Presentation withGuest Speaker Hannah ofNo More Homeless Pets10 a.m. | 10 Frances Padgett Participant Meeting Topic of Discussion:“Review of Past Events, Planning of New and Future Events” 11 a.m.Crochet Class 10 a.m. | 11Nutrition Education with Dietitian Sharon 10 a.m.Topic: “Calcium and Vitamin D”, with a Food Prep Demo (Chia Seed Pudding)Bunko 12 p.m. | 12 Father’s Day Lunch Out 10:30 a.m. “Cracker Barrell” (Members Only) | 13 Word Games 9:30 a.m.Morning Walk 10 a.m.**New-Spanish Class 10 a.m**.Bingo 12 p.m. |
| 16 **Field Trip:**Hopes Closet 10 a.m. | 17 “Monopoly” Game, Bingo, Prizes and Presentation with Sabrena, Licensed Insurance Agent of Medicare 10 a.m. | 18 **Field Trip:** Bridge the Gap9:30 a.m. (Food Commodities) | 19CENTER CLOSED IN OBSERVANCE OF JUNETEENTH | 20 **New-Spanish Class 10 a.m.** Tea at the TerryRitz Chamber PlayersVoices of FreedomFlorida Blue Conference Center  1:00 – 2:00 |
| 23 Morning Walk 10 a.m.Zumba 10:30 a.m.Bingo 12 p.m. | 24 **Field Trip:** Ross 10 a.m. | 25Tai Chi with Charles from Conviva 10 a.m.  | 26 **Field Trip:** Walmart Supercenter 10 a.m. | **27** Site Council Breakfast Fundraiser 9:30 a.m. “Tickets are $4.00” |
| 30 Morning Movie 9:30 a.m. |  |  |  |  |