FRANCES PADGETT ARLINGTON SENIOR CENTER

DECEMBER 2025

1078 Rogero Rd. ~ Jacksonville, FL 32211 ~ (904) 255-6733 Specialist: Courtney Bend Monday - Friday ~ 8 a.m. to 5 p.m. **MONDAY TUESDAY** THURSDAY **FRIDAY** WEDNESDAY Daily Schedule **Daily Schedule Daily Schedule** Daily Schedule Daily Schedule Card Games ~ All Day Dominos ~All Day Chair Yoga 8:30 a.m. Materials for Education 8:30 a.m. Chair Yoga: 8:30 a.m. Materials for Education 8:30 a.m. Chair Yoga 8:30 a.m. Materials for Education 8:30 a.m. Materials for Education 8:30 a.m. Materials for Education 8:30 a.m. Blood Pressure 9:30 a.m. Blood Pressure 9:30 a.m. Word Games 9:30 a.m. Historical Book Studies 10 a.m. Trivia 9:30 a.m. Historical Book Studies 10 a.m. Word Games 9:30 a.m. Morning Walk 10 a.m. Morning Walk 10 a.m. Morning Walk 10 a.m. Morning Walk 10 a.m. Current Events 11 a.m. Computer Class 10:30 a.m. Current Events 11 a.m. Current Events 11 a.m. Current Events 11 a.m. "News Article" Current Events 11 a.m. "News Article" "News Article" "News Article" "News Article" Bingo 12 p.m. Jazzco Line Dance 12:30 p.m. Computer Class 12 p.m. Bingo 12 p.m. Bingo 12 p.m. Square Dance 7 p.m. Ballroom Dancing 7 p.m. BREAKFAST: 8:30 a.m. LUNCH: 11:30 a.m. Must Sign Up for Meals **Activities Subject to Change** 5 **Holiday Toy Collection Begins!** Northwest Behavior Health 9 a.m. Frances Padgett Site Council Meeting Nutrition Education with Dietitian Spanish Class 10 a.m. (Collaboration with Arlington 10 a.m. Sharon 9:30 a.m. Zumba Gold 10:30 a.m. **Heights Elementary**) Frances P. Holiday Decorating Topic "Fight Food Waste" Special Holiday Bingo 10:30 a.m. Trimming the Tree 10 a.m. Holiday Art Decor Craft Activity Holiday Trivia with Melanie of Aldi Shopping Trip 10 a.m. Archwell Health 9:30 a.m. 10 a.m. 8 11 Holiday Art Decor Craft Activity Seniors on A Mission 10 a.m. Frances Padgett Participant Fresh Field Farms Shopping trip **Holiday Stocking Decorating** 10 a.m. "Cell Phone Training" Craft Activity 10 a.m. Meeting 11 a.m. 10 a.m. Zumba Gold 10:30 a.m. Holiday Craft Activity 10 a.m. **Toy Collection Ends for Arlington** Jacksonville Zoo Colors of the Wild **Heights Elementary** Bunko 12 p.m. $10 \sim 12:30$ 15 16 17 18 19 Holiday Sing Along 10 a.m. Final Holiday Art Decor Craft Bridge the Gap 9:30 a.m. **Ugly Sweater Contest** Crochet Class and Craft Group Holiday Craft Activity 10 a.m. Activity 10 a.m. (Food Commodities) and Gift Exchange 10 a.m. Must be a Frances Padgett Member \$10 Minimum Zumba Gold 10: 30 a m Appetizers, Holiday Cookies and Refreshments Sponsored by **Archwell Health** 10:30 a.m. 22 23 Holiday Participant Outing 24 25 26 National Blue Day! Zumba Gold 10: 30 a.m. 10:30 a.m. **CLOSED IN OBSERVANCE OF CLOSED IN OBSERVANCE** Wear Blue in Honor of Police, OF THE HOLIDAY Firefighters, EMTs. (Golden Corral) THE HOLIDAY Must Sign Up and be a Member and 911 Dispatchers, Having to Work of Frances Padgett During the Holidays 29 30 31 **HOLIDAY FESTIVAL** Morning Movie and Popcorn **New Years Eve Celebration** Walmart Supercenter PRIME OSBORN Shopping Trip 10 a.m. **Come Dressed for Success** 9:30 a.m. SATURDAY DEC. 6TH Zumba Gold 10: 30 a.m. **Holiday Attire! TICKET PURCHASE REQUIRED** Crochet Class and Craft Group 10:00 a.m. 10 a.m.