

# CHARLIE JOSEPH SENIOR CENTER

6943 Buffalo Avenue ~ Jacksonville, FL 32208 ~ (904) 255-6822 Specialist: Diane Weaver

# OCTOBER 2025

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Billiards 8 a.m. Puzzles 8 a.m. Bible Study 9:30 a.m. Journaling 10:30 a.m. Walmart 10:30 a.m. Education Workbook 11:00 a.m. Sewing Class 11 a.m.	Billiards 8 a.m. Puzzle 8 a.m. BP Check 9:30 a.m. Book Club 10:00 a.m. Bingo 10:00 a.m. Craft Class 11 a.m. Chair Exercise 12:30 p.m.	Billiards 8 a.m. Puzzles 8 a.m. Book Club 10:00 a.m. Nutrition Education 11:00 a.m.	Billiards 8 a.m. Puzzles 8 a.m. BP Check 9:30 a.m. Education Workbook 11:00 a.m. Chair Exercise 12:30 p.m.	Billiards 8 a.m. Puzzles 8:30 a.m. Line Dance 10:00 a.m. Get Up and Move 11 a.m.
<b>Lunch 12 p.m. Breakfast T/W/TH 8 a.m. Must sign up to receive meals. / All Activities are Subject to Change</b>				
		1 Let's Talk about Health Concerns 10:00 a.m.	2 Bingo 10:00 a.m.  Site Council Meeting 1:00 p.m.	3 Get Up and Move 11:00 a.m.
6 <b>Field Trip</b> Walmart 10:30 a.m.	7 Participants Meeting 11:00 a.m.	8 Award Celebration 11:00 a.m.	9 <b>Senior Blue Gala</b> <b>Hosted by Will Thorpe Karaoke</b> <b>Mary Singleton 10 ~ 2</b>	10 Get Up and Move 11:00 a.m.
13 Karen w/Archwell Medicare 101 10:00 a.m.	14 Bingo 10:00 a.m.	15 Site Council Election 10:00 a.m.	16 <b>Field Trip</b> Bowling at Potters House 10:00 a.m.	17 <b>Arboretum and Gardens</b> <b>Fall In Love with Nature</b> <b>Hike and Stroll</b> <b>10 ~ 12</b>
20 Nutrition Education w/Dietician Sharon 11:00 a.m.	21 Charles, Counselor for Northwest Behavior Health 10:00 a.m.  <b>Field Trip</b> Rowe's 10:30 a.m.	22 "Senior Way Back When" Workbook 9:30 a.m.	23 Fighting Breast Cancer Luncheon ~ Western Style 10:00 a.m.	24 Line Dance 10:00 a.m. Get Up and Move 11:00 a.m.
27 Senior Show and Tell 10:00 a.m.	28 Senior's "Minute to Win It!" Board Game 10:00 a.m.	29 Fall Resource Festival Extension Office 10 ~ 12	30 August, September and October Birthday Celebration 11:00 a.m.	31 Line Dance 10:00 a.m. Get Up and Move! 11:00 a.m.