

BENNIE FURLONG SENIOR CENTER

281 19th Avenue South ~ Jacksonville Beach, FL 32250 ~ (904) 255-6730 Specialist: Dawn Avery

SEPTEMBER 2025

Monday - Friday 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Brain Games 8 a.m. Chair Exercise 9:30 a.m. (V) Line Dance Class 1:30 p.m.(I) . (V)=Video (I)= Instructor	Brain Games 8 a.m. Breakfast 9 a.m. Tai Chi Class 9:30 a.m. (V) Spanish Class 10:30 a.m. (I) Fit & Fab 1:30 p.m. (I) (V)=Video (I)- Instructor	Brain Games 8 a.m. Breakfast 9 a.m. Chair Exercise 9:30 a.m. (I) Bible Study 10:30 a.m. Crochet and Knitting 1 p.m. Fit & Fab 1:30 p.m.(I) Ballroom Dance 7:00 p.m. (I)= Instructor	Brain Games 8 a.m. Breakfast 9 a.m. Tai Chi Class 9:30 a.m.(V) Card Making 10 a.m. 1 st & 3 rd Thursdays (V)= Video	Brain Games 8 a.m. Chair Exercise 9:30 a.m.(V) Card Games 10:30 a.m. Fit & Fab 1:30 p.m.(I) (V)= Video (I)= Instructor
AVAILABLE DAILY: Beach Walk, Cards, Computers, Puzzles, Chair Volleyball LUNCH 12:00 p.m.				
1 CENTER CLOSED IN OBSERVANCE OF LABOR DAY	2 Presentation By Kelly Joyce from CapTel 10:30 NO SPANISH CLASS TODAY	3 Crochet and Knitting Group All Skill Levels Welcome 1-3 p.m.	4 Field trip: Attending Fall Festival at Jim Fortuna sponsored by AHEAC Bus is leaving at 10:15	5 Card Games w/Mary and Terry 10:30
8 Nutrition Education w/Sharon from Senior Services 10:30	9 Spanish Class 10:30	10 Field Trip: Wal-Mart 10:30	11 Special Bingo w/Nelson of CarePlus 10:30 a.m.	12 Card Games w/Mary and Terry 10:30
15 Field Trip: Southside Center's Anniversary Party Spirit Week Event Bus leaving at 10:15	16 Spirit Week Event at Francis Padgett 10:15	17 Presentation by Madison from Tailored Homes. 10:30	18 Spirit Week Event at Jim Fortuna Bus leaving 9:45 a.m.	19 Jim Fortuna, Southside, and Frances Padgett Visits for Spirit Week Event 10:30
22 Field Trip: Publix 10:30	23 Spanish Class 10:30	24 Seniors on a Mission Assistance with Handheld Devices 10 a.m.	25 Northwest Behavioral Counseling w/Charles. 10:30 CENTER CLOSES AT 3:00 SENIOR SERVICES OPEN HOUSE SOUTHSIDE CENTER 5:30 – 7:30	26 Monthly Birthday Celebration Sponsored by Conviva 11 a.m.
29 Farmer's Market at Bennie Furlong w/Nelson sponsored by CarePlus 10:30	30 Field Trip: Senior Expo at Schultz Center Bus is leaving at 10:30			

