August Breakfast Menu Senior Services

Food Vendor Aging True

\*\*\* Meal reservations Required \*\*\*

|  |  |  |
| --- | --- | --- |
| 5  Orange Juice  String Cheese  Peanut Butter  Honey Nut Cheerios  Cinnamon Toast Crunch Bar  Applesauce  1% Milk | 6  Fruit Blend Juice  String Cheese  Hard Boiled Egg  Oatmeal  Whole Wheat Bread  Mandarin Oranges  1% Milk  Margarine/Jelly | 7  Grape Juice  Hard Boiled Egg  Fruit Yogurt  Raisin Bran Cereal  English Muffin  Pear Fruit Cup  1% Milk  Margarine/Jelly |
| 12  Cranberry Juice  String Cheese  Hard Boiled Egg  Frosted Mini Wheat Cereal  Whole Wheat Bread  Mandarin Oranges  1% Milk  Margarine/Jelly | 13  Grape Juice  Peanut Butter  String Cheese  Cheerios Cereal  Nutrigrain Bar  Tropical Fruit Cup  1% Milk | 14  Orange Juice  Hard Boiled Egg  Fruit Yogurt  Raisin Bran Cereal  Bagel  Peaches  1% Milk  Cream Cheese/Jelly |
| 19  Orange Juice  String Cheese  Hard Boiled Egg  Raisin Bran Cereal  English Muffin  Pineapple Fruit Cup  1% Milk  Margarine/Jelly | 20  Apple Juice  Peanut Butter  String Cheese  Cheerios  Nutrigrain Bar  Tropical Fruit Cup  1% Milk | 21  Orange Juice  Hard Boiled Egg  String Cheese  Oatmeal  Cinnamon Toast Crunch Bar  Applesauce  1% Milk  Margarine/Jelly |
| 26  Orange Juice  String Cheese  Peanut Butter  Honey Nut Cheerios  Cinnamon Toast Crunch Bar  Applesauce  1% Milk | 27  Fruit Blend Juice  String Cheese  Hard Boiled Egg  Oatmeal  Whole Wheat Bread  Mandarin Oranges  1% Milk  Margarine/Jelly | 28  Grape Juice  Hard Boiled Egg  Fruit Yogurt  Raisin Bran Cereal  English Muffin  Pear Fruit Cup  1% Milk  Margarine/Jelly |

Menu Prepared by Mandy Patrick,MS,RD,LD with Aging True, 4250 Lakeside Dr. #116, Jacksonville, FL 32210

Menu Approved by Sharon Meier Lutheran,MSH,RDN,LDN Date of Approval May 30, 2025