August Breakfast Menu Senior Services

Food Vendor Aging True

\*\*\* Meal reservations Required \*\*\*

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| 5 Orange JuiceString CheesePeanut ButterHoney Nut CheeriosCinnamon Toast Crunch BarApplesauce1% Milk | 6Fruit Blend JuiceString CheeseHard Boiled EggOatmealWhole Wheat BreadMandarin Oranges1% MilkMargarine/Jelly | 7Grape JuiceHard Boiled EggFruit YogurtRaisin Bran CerealEnglish MuffinPear Fruit Cup1% MilkMargarine/Jelly |
| 12Cranberry JuiceString CheeseHard Boiled EggFrosted Mini Wheat CerealWhole Wheat BreadMandarin Oranges1% MilkMargarine/Jelly | 13Grape JuicePeanut ButterString CheeseCheerios CerealNutrigrain BarTropical Fruit Cup1% Milk | 14Orange JuiceHard Boiled EggFruit YogurtRaisin Bran CerealBagelPeaches1% MilkCream Cheese/Jelly |
| 19Orange JuiceString CheeseHard Boiled EggRaisin Bran CerealEnglish MuffinPineapple Fruit Cup1% MilkMargarine/Jelly | 20Apple JuicePeanut ButterString CheeseCheeriosNutrigrain BarTropical Fruit Cup1% Milk | 21Orange JuiceHard Boiled EggString CheeseOatmealCinnamon Toast Crunch BarApplesauce1% MilkMargarine/Jelly |
| 26Orange JuiceString CheesePeanut ButterHoney Nut CheeriosCinnamon Toast Crunch BarApplesauce1% Milk | 27Fruit Blend JuiceString CheeseHard Boiled EggOatmealWhole Wheat BreadMandarin Oranges1% MilkMargarine/Jelly | 28Grape JuiceHard Boiled EggFruit YogurtRaisin Bran CerealEnglish MuffinPear Fruit Cup1% MilkMargarine/Jelly |

Menu Prepared by Mandy Patrick,MS,RD,LD with Aging True, 4250 Lakeside Dr. #116, Jacksonville, FL 32210

Menu Approved by Sharon Meier Lutheran,MSH,RDN,LDN Date of Approval May 30, 2025