

2023 FLORIDA SNAP-ED IMPACT

UF/IFAS Extension Family Nutrition Program (FNP)

Providing SNAP Education in Florida since 1996



Supplemental Nutrition Assistance Program Education (SNAP-Ed) helps limited-resource families eat healthier on a budget and be more physically active to reduce the risk of obesity and chronic disease.

FLORIDA'S NEED

6.6
million

Floridians qualify
for SNAP-Ed¹

= 29.6%
of the FL
population²

2.3
million

experience food
insecurity³

= 10.6%
of the FL
population³



1 in 5

youth have obesity⁴

20%

of 6th-12th
graders are physically active
for at least an hour per day⁵

OUR IMPACT

In 2023, FNP made an impact in **30 counties** by influencing eating and physical activity behaviors, increasing food access, and improving the health of local communities. After attending nutrition education classes (based on pre- and post-programming surveys):

46% of 6th-12th graders
increased fruit or vegetable
consumption



57% of 3rd-12th graders
increased healthful beverage
consumption



50% of 3rd-12th graders
increased the number of days
per week they were physically active



Sources:

1. US Census, ACS (S1701), 2022
2. US Census, ACS (CO-EST2022-POP), July 1, 2022
3. Feeding America, Map the Meal Gap, 2021
4. State of Florida Summary of School Health Services, 2021-22
5. FLDOH, 2022 Florida Youth Tobacco Survey

OUR REACH

274,421

Youth, Pre-K to 12th grade, reached through nutrition education classes and policy, systems and environmental (PSE) changes



11,006

classes taught

228

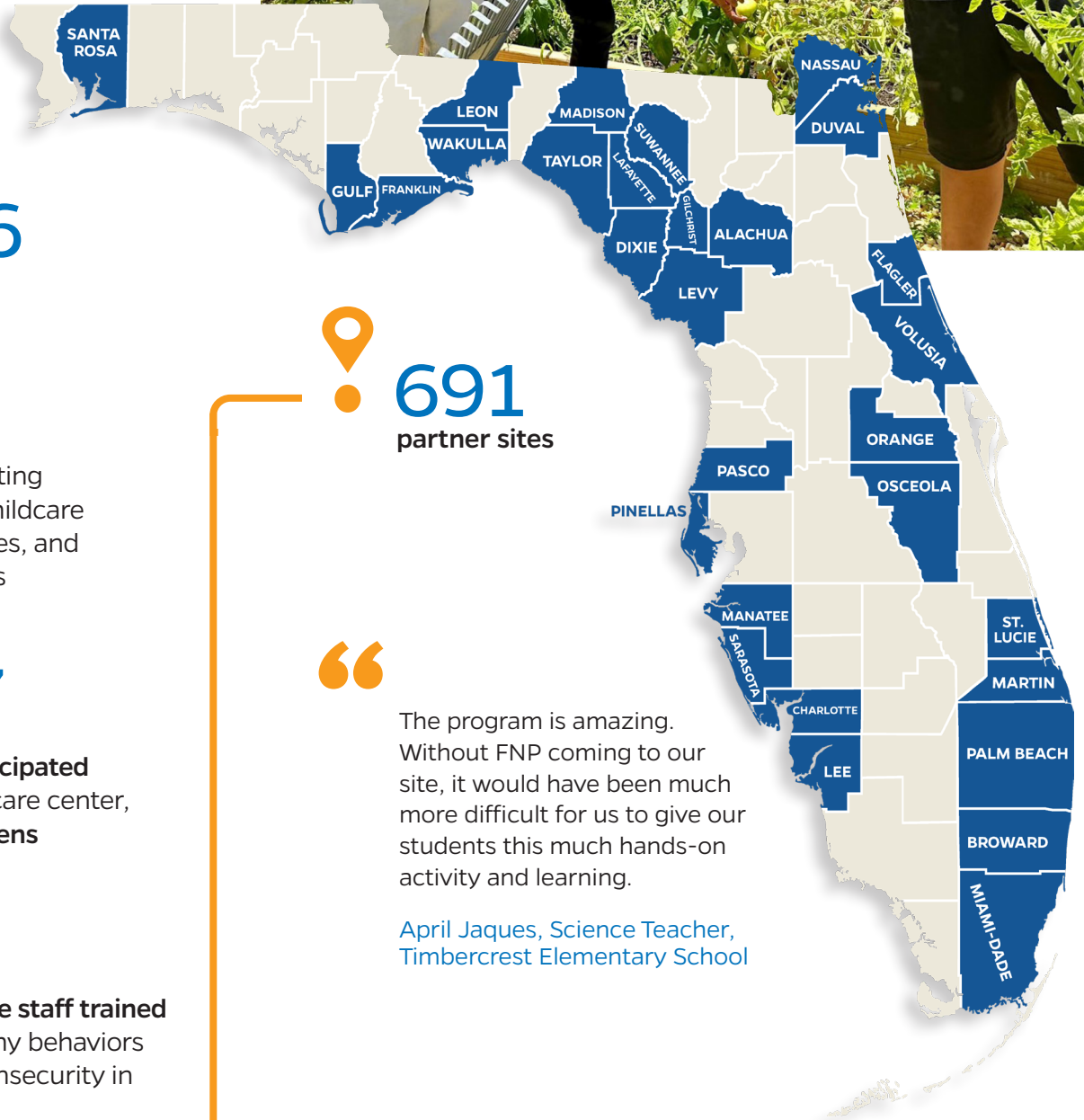
PSE changes impacting gardens, schools, childcare centers, communities, and school food pantries

29,057

youth actively participated in 176 school, childcare center, or community gardens

475

school and childcare staff trained on promoting healthy behaviors and reducing food insecurity in their communities



691

partner sites



The program is amazing. Without FNP coming to our site, it would have been much more difficult for us to give our students this much hands-on activity and learning.

April Jaques, Science Teacher,
Timbercrest Elementary School

In addition to English, we offered programming in Spanish and Haitian-Creole to serve Florida's diverse population.

Partner with us for a healthier Florida!

Asóciase con nosotros para una Florida más saludable!

An nou travay ansanm pou nou gen yon Florid pi an sante!



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