

Mayor's Council on Fitness and Well Being
Minutes for August 1, 2018 Meeting
Conference Room 851, 8th Floor, Ed Ball Building, 214 N. Hogan St



ATTENDANCE: [QUORUM OF 7 ACHIEVED] Minutes approved on 5 Sept 2018

Name of Council Member	Company / Affiliation	Attended?
Mr. Joseph Bergman	COJ, OED Sports and Entertainment	Yes
CM Aaron Bowman / CM Scott Wilson	COJ, City Council VP [or designated representative]	No
Mr. Tim Burrows [CHAIR]	YMCA of Florida's First Coast	Yes
Mr. Bryan Campbell	Duval County Medical Society	No
Ms. Heather Crowley (Albritton)	Duval County School Board	Yes
Dr. Johnny Gaffney	COJ Council Rep, Boards & Commissions Liaison	Yes
Dr. Heather Hausenblas [VICE CHAIR]	Jacksonville University	Excused
Ms. Alicia Hinte	UF Health Jacksonville (previously Shands)	Yes
Ms. Jillian Loritz	Baptist Health	No
Ms. La'Dora Taylor	Parks, Recreation & Community Svcs (<i>Delegate of Director</i>)	Yes
Ms. Jennifer Martin	US Preventative Medicine	No
Ms. Nancy Crain	Physician's Assistant	Yes
Ms. Wendy Jones, Recorder	COJ, Parks, Recreation & Community Services	Yes
Guests		
Ms. Felicia Boyd	Timucuan Parks Foundation	
Dr. Ellan Duke	River Hills Clinic	
Ms. Valeria Gonzalez-Kerr	Jacksonville University	
Mr. Paul Sapia	Humana	
Mr. Don Redman	Former Council Member/ Bicycle & Ped Advocate	
Ms. Jennifer Smith	The Giving Closet Project	
Ms. Megan Williamson	PRCS, COJ	
Mr. Mike O'Brien	USO	
Ms. Michele Moore	UNF	

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PROCEEDINGS:

I. Welcome

The Meeting was called to order at 12:40 PM by Chair, Tim Burrows.

II. Approval of Minutes

At a later point in the meeting a Quorum of [7] members was achieved by attendance, and the June 2018 draft minutes were approved with approved with a first motion from Joey Bergman and a second motion by Nancy Crain and others.

III. Appointment of New Council Members

Chair announced that the Mayor's office has been working on appointing members to the Council. The following new members have been confirmed: Mark Smilek, Jackie Culver and Jennifer Martin. The Mayor's office is also working on reappointments.

IV. 2018 Focus: Bold Goal Initiative

Paul Sapia from Humana presented an update on the Jacksonville Bold Goal. There is a Health Advisory Board meeting on September 6, 2018 at FSCJ, Downtown and Clinical Town Hall meeting on November 15, 2018. Humana is partnering with USO and Tri-Care to assist with Navy families.

IV. USO

Mike O'Brien, Executive Director of the Greater Jacksonville Area USO provided an overview of what USO does for our active military families. They have been service active military families in our area for the past 77 years. They host "No Dough Dinners" every 2 weeks for the families in our area and serve over 1,000 meals per month. They have a food program in which they provide food staples, fresh meats and produce. They are beginning a Healthy Food initiative pilot program on September 19, 2018 at will provide 40 to 50 E3 young enlisted families with Healthy food and information on preparation.

V. Public Comments / New Business

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On July 24, 2018 a meeting was held at FSCJ, Downtown regarding the Emerald Necklace project that Groundwork Jacksonville is working with the City of Jacksonville to complete a path that will be used to walk, run or bike around the trails. Additional information can be found at:

<http://groundworkjacksonville.org/vision/vision/>

VI. Adjournment and Next Meeting

At 1:23PM Chair Tim Burrows adjourned the meeting. The next regular meeting of the Mayor's Council on Fitness and Well Being will be held Wednesday, August 5, 2018 at 12:30pm in Conference Room 851 in the Ed Ball Building at 214 N. Hogan St.

Respectfully submitted by Wendy Jones, Recorder