

Mayor's Commission on the Status of Women

Commissioners Meeting called to order at 4:32 PM

Jaynelle Pemberton, CHAIR Patricia DeWitt, Commissioner Ashlie Empleo, Commissioner Shawna Grant, Commissioner Demika Jackson, Commissioner Lorna Matos, Commissioner Tammy D. Taylor, Commissioner Sheila Spivey, UNF – Ex-officio Member Eileen Rodden, Women's Ctr – Ex-officio Member

<u>Staff</u>

Barbara Florio - Liaison Nicole Spradley – MCSW Staff Support

Guest Attendees

Approval of Minutes

October 28, 2019 minutes were reviewed and approved. Motion to approve: Commissioner Empleo Motion seconded: Commissioner Grant

January 27, 2020 minutes were reviewed and approved. Motion to approve: Commissioner Empleo Motion seconded: Commissioner Grant

Public Comments

No public comment cards.

Guest Speaker

Erica N. Wortherly, a licensed clinical social worker for children, discussed the importance of talking about mental health in schools, churches and the community. Ms. Wortherly works independently and has a contract with a local school. She has authored two children's books: *I Scream Because I'm Angry* and *Dear Everybody, Admit There's Hurt*.

Commissioner Grant asked if Ms. Wortherly worked with support groups and about payment options.

Ms. Wortherly opened her business about a year ago and plans on working with support groups in the future. She does not accept insurance.

Chair Report

Chair Pemberton reminded Commissioner's that the Mayor's report is due soon.

Committee Reports

- <u>Governance</u> Chair Pemberton mentioned that Commissioner Taylor is the 1st Vice Chair. The Commission voted unanimously to approve Commissioner Jackson as 2nd Vice Chair.
- <u>Advocacy and Education</u> Commissioner Jackson explained that the committee met last Friday. Dr. Grossman and Ty Jones will be the guest speakers for the March and April meetings, respectively. The next Courageous Conversations event will be held on April 16th from 5:30-7pm. Commissioner Rodden will reach out to the Jacksonville Urban League to reserve a room for the event. Commissioners were encouraged to donate funds to cover the cost of food. Commissioner Jackson is still receiving emails from those that attended the last Courageous Conversations event wanting to know when the next event will take place.
- <u>Communications</u> Commissioner Grant mentioned that the Committee met earlier that day to discuss the Courageous Conversations event. She will create the event flyer this week and post information on social media and LinkedIn. Members of the Communications Committee will update the database. Commissioner Grant inquired about creating a media waiver for the next event. She asked Commissioners to send any upcoming events that they want posted on social media to Nicole Spradley. March 8th is National Women's Day and March 31st is Equal Pay Day. She suggested everyone wear purple to the March meeting for a group photo and selfies for the Facebook page. There has been more traction on the social media page. Commissioner Grant suggested ideas for the cover of the Mayor's report.

Commissioner Empleo has a form with the new contacts from the last event to upload into the database.

Chair Pemberton invited Commissioners to join her at her table at the Women's History Luncheon at UNF on March 4th at noon.

Liaison Florio will resend the Mayor's report to the Commissioners.

The next Communications Committed meeting will be held on Monday, March 23rd at 3:30pm on the 8th Floor of the Ed Ball Bldg.

• <u>Events</u> – The next joint Events and Advocacy and Education Committee meeting will be held on Friday, March 13th at 4pm at the Women's Center of Jacksonville.

Liaison Florio will send out an email with the meeting dates.

New Business

Commissioner DeWitt attended an AAUW Florida event in Tallahassee and shared a mental health statistics handout with the Commission.

Nicole Spradley will email a copy of Commissioner DeWitt's handout to the Commissioners.

Commissioner Rodden circulated a list of helpful apps for mental health.

Unfinished Business

None.

Meeting adjourned at 5:31 PM

CERTIFICATION

****Meeting minutes were approved at the June 22, 2020 MCSW Zoom meeting****

Recorded and Transcribed by:

Nicole Spradley MCSW Staff Support

Submitted by:

Approved by:

Barbara Florio MCSW Board Liaison Ashlie Empleo, Secretary

COPY TO: Filed for public access