



2025 Jacksonville Senior Games Results

SPORT: Powerlifting – Bench Press

Male

50-54

Gold - Ben Amponin

55-59

Gold - Samuel Helms
Silver - Keith Johnson

60-64

Gold - Kenneth Matos

65-69

Gold in WC - Richard Jung
Gold – Edward Eng
Silver – Mitch Wilcox
Bronze - Michael Smith

70-74

Gold – John Carraro

80-84

Gold – Peter Kenny

Female

50-54

Gold in WC – Elizabeth Fell
Gold in WC – Debbie Helms

65-69

Gold in WC -Crystal DelGuidice
Gold in WC -Candy Mette



2025 Jacksonville Senior Games Results

SPORT: Powerlifting – Dead Lift

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50-54

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Silver - Keith Johnson

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Gold – Edward Eng
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