



Health & Wellness

How to Complete Your Wellness Screening

With a Physician

Complete your screening with your Primary Care Physician with the Physician Results Form.

Download a Physician Results Form at [My.QuestForHealth.com](https://myquestforhealth.com)

1. Use Registration Key: **COJ2026**
2. Follow Subscriber Quest login instructions provided in the platform.
3. Print the Physician Results form from your account prior to your appointment and ask your doctor to complete it using recent lab results (your doctor may charge a fee to complete or fax).
4. Form needs to include all required screening values and signatures.
5. Make sure the form is faxed or uploaded into Quest Diagnostics by **10/31/2026**.
6. You also have the option to upload the form yourself in your Quest account.
7. You will receive an email when your results are ready to view online.
8. Your printed report will arrive in the mail 2-3 weeks after your screening.