

SOUTHSIDE SENIOR CENTER

10080 Beach Blvd ~ Jacksonville, FL 32246

Specialists: Latrenia T. & Addisaia R.

Phone: 904-255-6940

JANUARY 2026

Mon-Fri ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Daily Schedule</u> Walking for Health 8 a.m. Canasta 8:30 a.m. Chair Exercise (V) 9 a.m. Spanish Class 10 a.m. Bingo 11 a.m. Chair Exercise (V) 1 p.m. Chair Volleyball 1 p.m. Knitting/Crocheting 1 p.m. <hr/> Word Puzzles, Board Games, Cards, Creative Coloring.	<u>Daily Schedule</u> Walking for Health 8 a.m. Chair Exercise (V) 9 a.m. Jazzco Line Dance 10 a.m. Chair Exercise (V) 1 p.m. Mahjong 1 p.m. <hr/> Word Puzzles, Board Games, Cards, Creative Coloring	<u>Daily Schedule</u> Walking for Health 8 a.m. Chair Exercise (V) 9 a.m. Open Art Studio 9 a.m. Spanish Bible Study 10:30 a.m. Ukulele/Singalong 11 a.m. Chair Exercise (V) 1 p.m. <hr/> Word Puzzles, Board Games, Cards, Creative Coloring	<u>Daily Schedule</u> Walking for Health 8 a.m. Canasta 8:30 a.m. Chair Exercise (V) 9 a.m. Loteria (Spanish Bingo) 10 a.m. Chair Exercise (V) 1 p.m. <hr/> Word Puzzles, Board Games, Cards, Creative Coloring	<u>Daily Schedule</u> Walking for Health 8 a.m. Chair Exercise (V) 9 a.m. Bible Study 10 a.m. Tai Chi w/Kathleen 10 a.m. Spanish Class (Beginners) 10a.m. Bingo 11 a.m. Chair Volleyball 1 p.m. Chair Exercise (V) 1 p.m. <hr/> Word Puzzles, Board Games, Cards, Creative Coloring
BREAKFAST DAILY: 9 A.M. LUNCH DAILY: 12 P.M. * MUST SIGN UP TO RECEIVE MEALS* ACTIVITIES SUBJECT TO CHANGE				
			1 CENTER CLOSED HAPPY NEW YEAR!	2 Matinee Movie 1 p.m.
5	6 Participant Meeting 12:30 p.m.	7 Nutrition Ed w/Sharon Topic "Oral Health and Nutrition" 9:30 a.m.	8 TRIP: Publix Supermarket 10:30 a.m.	9 BINGO w/Archwell Health
12 TRIP: Mikata Buffet 10:30 a.m.	13	14 CENTER CLOSING EARLY FOR CAS MEETING	15 *Ritz Chamber Players* Friday Musicale 1 ~ 2:30 p.m.	16 Shanghai Circus FSCJ Artist Series Wilson Center for the Arts 11:30 a.m. Limited Seating
19 CENTER CLOSED IN OBSERVANCE OF MLK'S BIRTHDAY	20 National Popcorn Day Bring Your Favorite Flavor Popcorn to Share!	21 Arts and Crafts "Sip and Paint"	22 TRIP: Ross Dress for Less 10:30 a.m.	23
26	27 Arts and Crafts Day "Sip and Paint"	28	29 TRIP: Rowes Supermarket 10:30 a.m.	30 BINGO w/ Archwell Health "Birthday Celebration"