

MARY L. SINGLETON SENIOR CENTER

150 E. 1st St. ~ Jacksonville, FL 32206 ~ (904) 255-6666

Specialist: Martinique Glover

JANUARY 2026

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Schedule Walking 8:30 am Billiards Group 8:30 - 11:30a.m. Ceramics Group 9:00 -11:30 a.m. BINGO 10:00 -11:00 a.m. Bible Study 10:00 a.m. Line Dancing 10:00 a.m. Drop in Ceramics 1:00 p.m. Line Dancing 1:00 p.m. Sewing Group 1:00 – 4:00 p.m.	Daily Schedule Walking 8:30 a.m. Billiards Grp. 8:30 -11:30 a.m. Ceramics Group 9:00 a.m. Trivia 9:30 a.m.-10:00 a.m. Art Class 9:30 a.m.-2:30 p.m. Chair Volleyball 10:00 a.m. -11:00 a.m. Drop in Ceramics 1:00 p.m. Bingo 1:00 pm-3:00 p.m.	Daily Schedule Walking 8:30 a.m. Billiards Group 8:30 -11:30 a.m. Ceramics Group 9:00 a.m. BINGO 10:00 - 11:30 a.m. Bible Study 10:00 a.m. Line Dancing 10:00 a.m. Drop in Ceramics 1:00 p.m. Line Dancing 1:00 p.m. Sewing Class 1:00 – 4:00 p.m.	Daily Schedule Walking 8:30 a.m. Billiards Pool Grp. 8:30 – 11:30 a.m. Ceramics Group 9:00 a.m. Trivia 9:30 ~ 10:00 a.m. Art Class 9:30 ~ 11:30 a.m. Chair Volleyball 10:00 ~ 11:00 a.m. Drop in Ceramics 1:00 p.m. Bingo 1:00 ~ 3:00 p.m. Crocheting Group 1:00 p.m. Games & Dancing 5:00 p.m.	Daily Schedule Walking 8:30 a.m. Billiards Group 8:30 - 11:30 a.m. Ceramics Group 9:00 a.m. BINGO 10:00 - 11:30 a.m. Movie 9:30 a.m. Drop in Ceramics 1:00 p.m. Afternoon Movie: 2:00 p.m.
Breakfast Daily - 9 a.m. * Lunch Daily - 12 p.m. * Must Sign Up for Meals * Activities Subject to Change * Clothes Closet: Monday - Friday 9 - 11:30 a.m.				
			1 CENTER CLOSED HAPPY NEW YEAR!	2 AARP Presents: Gentle Chair Yoga 8:30 a.m. (V)
5 Site Council Meeting 10:00 a.m.	6 Site Council Trip to Sams 10:00 a.m. Health Talks with Devoted Health 1:00 - 2:00 p.m.	7 Trip to Safe Harbor Seafood 10:30 a.m. AARP Presents: Dance Your Way to Better Health 2:00 p.m. Orange Room (V)	8 Scam and Fraud Protection Presentation w/Dave from VyStar Lunch and Learn: Level Up Your Job Search with LinkedIn 12:00 in Green Room *Registration Required*	9 Food Demo: Making Fruit Salad 10:00 am *Registration Required* AARP Senior Planet Presents: Protecting your Personal Info Online 12:30 p.m. ~ Green Room (Bring your own Lunch!)
12 Participants Meeting Dining Area 11:00 a.m.	13 Trip to Emerson Thrift Store 10:30 a.m.	14 Commodities at Bridge the Gap *Registration Required* 9:30 a.m.	15 Organ Transplants- Shirley Brill Educating Minorities about the Need for Transplants 10:00 a.m. *Ritz Chamber Players* Friday Muscale 1 ~ 2:30 p.m.	16 Shanghai Circus FSCJ Artist Series Wilson Center for the Arts 11:30 a.m. Limited Seating
19 CENTER CLOSED IN OBSERVANCE OF MLK'S BIRTHDAY	20 Trip to Walmart in River City 10:00 a.m.	21 Northwest Behavioral Health 10 a.m. - 12 p.m. Fun Day! Wear your Mary Singleton Shirt!	22 Site Council Trip Gateway Shopping Plaza 10:00 a.m.	23 Mary Singleton Art Show 10:00 a.m. - 12:00 p.m.
26 Plant and Take: Memory Benefits of Aromatic Plants on Back Patio *Registration Required*	27 Karaoke w/DJ Wilbert Thorpe 10 a.m. - 12 p.m.	28 January Birthday Celebration 11:00 a.m.	29 Nutrition w/Sharon the Dietician Oral Health and Nutrition 10:30 a.m.	30 National Croissant Day! Make your Own Croissant Dough 10:00 a.m. in Green Room