

OCEANWAY SENIOR CENTER

12215 W. Sago Avenue ~ Jacksonville, FL 32218 ~ (904) 255-6855 CAS: Donna Sizemore

MARCH 2026

Monday – Friday 8 a.m. to 5 p.m.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| <p>DAILY Jigsaw/Word Puzzles Board/Card Games Adult Coloring Billiards Walking</p> <p>Bingo 9:15 a.m.</p> | <p>DAILY Jigsaw/Word Puzzles Board/Card Games Adult Coloring Billiards Walking</p> <p>Bingo 9:15 a.m.</p> | <p>DAILY Jigsaw/Word Puzzles Board/Card Games Adult Coloring Billiards Walking</p> | <p>DAILY Jigsaw/Word Puzzles Walking Board/Card Games Adult Coloring Billiards</p> <p>Bingo 9:15 a.m.</p> | <p>DAILY Jigsaw/Word Puzzles Walking Board/Card Games Billiards Adult Coloring</p> <p>Bingo 9:15 a.m.</p> |
| <p>BREAKFAST - 9:00 A.M. LUNCH - 12 P.M. ACTIVITIES SUBJECT TO CHANGE</p> | | | | |
| <p>2 Angela Counts Curry Presents: Topic of Diabetes 10:30 a.m. *Blood Pressure Checks Available*</p> | <p>3 OUTING: Aldi's/Hobby Lobby 10:30 a.m.</p> | <p>4 Bible Study 10 a.m. Line Dance 11 a.m.</p> | <p>5 Seniors on a Mission Cell Phone / Tablet Support 10:00 a.m. - Side Room (Sign Up) Women's History Month Presentation 10:30 a.m.</p> | <p>6 Bingo with Blake, Lanier Rehab 9:15 a.m. Chair Exercise 10:30 a.m.</p> |
| <p>9 OUTING: Seafood Express 10:30 a.m. (Self Pay)</p> | <p>10 Get Up and Move! w/Diane Weaver 10:30 a.m.</p> | <p>11 Bridge the Gap Bus Departs - 9:15 a.m. Bring Tote/Insulated Bag Bible Study 10 a.m. Line Dance 11 a.m.</p> | <p>12 OUTING: Carvill Flea Market Carvill Senior Center Bus Departs - 10 a.m.</p> | <p>13 Free Bingo 9:15 a.m. Feeding Northeast Florida Food Demo/Healthy Eating 10:30 a.m.</p> |
| <p>16 Gia D'Anna w/Millennium Health "Art of Aging Safely" 10:30 a.m. Dietitian / Nutrition Survey with COEA 11:30 a.m.</p> | <p>17 Happy St. Patrick's Day! Wear Green! Special Green Treat 11:00 a.m. Afternoon Movie 12:15 p.m.</p> | <p>18 JEA SENIOR DAY Customer Solutions Center 10:00 a.m. Bible Study 10 a.m. Line Dance 11 a.m.</p> | <p>19 OUTING: Goodwill 10:30 a.m.</p> | <p>20 SS Special Event Walk for Senior Wellness Friendship Fountain 10 ~ 1 Must Register Before Deadline</p> |
| <p>23 Nutrition Education w/Sharon Discovering the Power of Nutrition 10:30 a.m. Listen and Learn Senior Services Programs 12:30 p.m.</p> | <p>24 AARP Presentation, "Downsizing and Decluttering" 10:30 a.m.</p> | <p>25 Bingo with Lanier Rehab 9:15 a.m. Bible Study 10:00 a.m. Line Dance 11:00 a.m.</p> | <p>26 Site Council Induction Ceremony Mary Singleton Center 11:00 a.m.</p> | <p>27 OUTING: Freshfields Farms w/ Sharon Lutheran, Dietician Bus Departs - 10 a.m. Northwest Behavioral Health 10:30 a.m.</p> |
| <p>30 OUTING: Ross/Michaels 10:30 a.m.</p> | <p>31 *Egg Hunt 11:00 a.m.</p> | | <p>Oceanway Shirts for Purchase - \$25.00 See Ms. Martha w/Site Council</p> | <p>MARCH IS WOMEN'S HISTORY MONTH *Bring in Candy for Egg Hunt* Individually Wrapped– All Month</p> |