

March Lunch Menu Senior Services

Food Vendor Aging True

**** Meal Reservations Required ****

Menu Prepared by Mandy Patrick, MD, RD, LD with Aging True, 4260 Lakeside Dr. #116, Jacksonville, FL 32210

2 Sloppy Joe Glazed Carrots Green Beans Hamburger Bun Fruit Cup 1% Milk	3 Sweet & Sour Chicken Fried Rice Japanese Vegetables Dinner Roll Fruit Cup 1% Milk	4 Meatballs & Gravy Northern Beans Spring Vegetables Texas Bread Fresh Fruit 1% Milk	5 Mushroom Chicken Whipped Potatoes Green Peas Wheat Bread Fresh Fruit 1% Milk	6 Hamburger Patty Baked Pinto Beans Corn Hamburger Bun Fresh Fruit 1% Milk Mustard/Ketchup Mayonnaise
9 Cheesy Meat Casserole Corn Italian Vegetables Dinner Roll Fruit Cup 1% Milk	10 Chicken Rice Casserole Green Peas Glazed Carrots Wheat Bread Fruit Cup 1% Milk	11 Pork Sausage Lima Beans Summer Vegetables Hot Dog Bun Fresh Fruit 1% Milk Mustard	12 BBQ Chicken Whipped Potatoes Cabbage Hamburger Bun Fresh Fruit 1% Milk	13 Tacos Pinto Beans Mexican Rice Lettuce/Tomato Shredded Cheese Flour Tortilla Fresh Fruit 1% Milk
16 Beef and Bean Chili Corn Parslied Carrots Saltine Crackers Fruit Cup 1% Milk	17 Shepherd's Pie Cabbage/Carrots Stewed Tomatoes Dinner Roll Lime Gelatin with Fruit 1% Milk	18 Creole Meatballs Rotini Noodles Herbed Green Beans Wheat Bread Fresh Fruit 1% Milk	19 Chicken Drumsticks Black-eyed Peas Collard Greens Dinner Roll Fresh Fruit 1% Milk	20 Hamburger Patty Ranch Beans Lettuce/Tomato Hamburger Bun Fresh Fruit 1% Milk Mustard/Ketchup Mayonnaise
23 Beef and Rice Casserole Green Beans Corn & Lima Beans Wheat Bread Fruit Cup 1% Milk	24 Chicken Tacos Pinto Beans Mexican Rice Lettuce/Tomato Shredded Cheese Flour Tortilla Fruit Cup 1% Milk	25 BBQ Pork Rib Patty Green Peas Cabbage Dinner Roll Fresh Fruit 1% Milk	26 Chicken Tetrazzini Corn California Vegetables Wheat Bread Fresh Fruit 1% Milk	27 Pork Sausage Lima Beans Glazed Carrots Hot Dog Bun Fresh Fruit 1% Milk Mustard
30 Sloppy Joe Glazed Carrots Green Beans Hamburger Bun Fruit Cup 1% Milk	31 Sweet and Sour Chicken Fried Rice Japanese Vegetables Dinner Roll Fruit Cup 1% Milk		March is National Nutrition Month	

Menu Approved by Sharon M Lutheran, MSH, RDN, LDN, Department of Senior Services, City of Jacksonville Date of

Approval: December 16, 2025