

March Breakfast Menu Senior Services

****Meal Reservations Required ****

Food Vendor: Aging True

Menu Prepared by Mandy Patrick, MS,RD,LD with Aging True, 4250 Lakeside Dr. #116, Jacksonville, FL 32210

2 Cranberry Juice Hard Boiled Egg Fruit Yogurt Oatmeal Whole Wheat Bread Pear Fruit Cup 1% Milk Butter/Jelly	3 Orange Juice String Cheese Peanut Butter Honey Nut Cheerios Cinnamon Toast Crunch Bar Applesauce 1% Milk	4 Fruit Blend Juice String Cheese Hard Boiled Egg Oatmeal Whole Wheat Bread Mandarin Orange Fruit Cup 1% Milk Butter/Jelly	5 Grape Juice Hard Boiled Egg Fruit Yogurt Raisin Bran Cereal Nutrigrain Bar Pear Fruit Cup 1% Milk	6 Orange Juice Fruit Yogurt Peanut Butter Frosted Mini Wheat Cereal English Muffin Tropical Fruit Cup 1% Milk Butter/Jelly
9 Orange Juice Fruit Yogurt Peanut Butter Oatmeal English Muffin Applesauce 1% Milk Butter/Jelly	10 Cranberry Juice String Cheese Hard Boiled Egg Frosted Mini Wheat Cereal Whole Wheat Bread Mandarin Orange Fruit Cup 1% Milk Butter/Jelly	11 Grape Juice Peanut Butter String Cheese Cheerios Nutrigrain Bar Tropical Fruit Cup 1% Milk	12 Orange Juice Hard Boiled Egg Fruit Yogurt Raisin Bran Cereal Bagel Peach Fruit Cup 1% Milk Cream Cheese Jelly	13 Apple Juice String Cheese Peanut Butter Oatmeal Whole Wheat Bread Pear Fruit Cup 1% Milk Butter/Jelly
16 Cranberry Juice Hard Boiled Egg Fruit Yogurt Oatmeal Whole Wheat Bread Mandarin Orange Fruit Cup 1% Milk Butter/Jelly	17 Orange Juice String Cheese Hard Boiled Egg Raisin Bran Cereal Nutrigrain Bar Pineapple Fruit Cup 1% Milk	18 Apple Juice Peanut Butter String Cheese Cheerios English Muffin Tropical Fruit Cup 1% Milk Butter/Jelly	19 Orange Juice Hard Boiled Egg String Cheese Oatmeal Cinnamon Toast Crunch Bar Applesauce 1% Milk Butter/Jelly	20 Grape Juice Peanut Butter Fruit Yogurt Cornflakes Cereal Whole Wheat Bread Peach Fruit Cup 1% Milk Butter/Jelly
23 Cranberry Juice Fruit Yogurt Hard Boiled Egg Oatmeal Whole Wheat Bread Pear Fruit Cup 1% Milk Butter/Jelly	24 Orange Juice String Cheese Peanut Butter Honey Nut Cheerios Cinnamon Toast Crunch Bar Applesauce 1% Milk	25 Fruit Blend Juice String Cheese Hard Boiled Egg Oatmeal Whole Wheat Bread Mandarin Orange Fruit Cup 1% Milk Butter/Jelly	26 Grape Juice Hard Boiled Egg Fruit Yogurt Raisin Bran Cereal Nutrigrain Bar Pear Fruit Cup 1% Milk	27 Orange Juice Fruit Yogurt Peanut Butter Frosted Mini Wheat Cereal English Muffin Tropical Fruit Cup 1% Milk Butter/Jelly
30 Orange Juice Fruit Yogurt Peanut Butter Oatmeal English Muffin Applesauce 1% Milk Butter/Jelly	31 Cranberry Juice String Cheese Hard Boiled Egg Frosted Mini Wheat Cereal Whole Wheat Bread Mandarin Orange Fruit Cup 1% Milk Butter/Jelly			

Menu Approved by Sharon M Lutheran, MSH,RDN,LDN, City of Jacksonville, Department of Senior Services

Date of Approval: December 16, 2025