

SOUTHSIDE SENIOR CENTER

10080 Beach Blvd ~ Jacksonville, FL 32246

Specialist: Latrenia Thomas & Addisaia Reynolds

FEBRUARY 2026

Phone: 904-255-6940

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Daily Schedule</u> Walking for Health 8 a.m. Canasta 8:30 a.m. Chair Exercise (V) 9 a.m. Spanish Class 10 a.m. Bingo 11 a.m. Chair Exercise (V) 1 p.m. Chair Volleyball 1 p.m. Knitting/Crocheting 1 p.m. Word Puzzles, Board Games, Cards, Creative Coloring.	<u>Daily Schedule</u> Walking for Health 8 a.m. Chair Exercise (V) 9 a.m. Jazzco Line Dance 10 a.m. Chair Exercise (V) 1 p.m. Mahjong 1 p.m. Word Puzzles, Board Games, Cards, Creative Coloring	<u>Daily Schedule</u> Walking for Health 8 a.m. Chair Exercise (V) 9 a.m. Open Art Studio 9 a.m. Ukulele/Singalong 11 a.m. Chair Exercise (V) 1 p.m. Word Puzzles, Board Games, Cards, Creative Coloring	<u>Daily Schedule</u> Walking for Health 8 a.m. Canasta 8:30 a.m. Chair Exercise (V) 9 a.m. Loteria (Spanish Bingo) 10 a.m. Chair Exercise (V) 1 p.m.	<u>Daily Schedule</u> Walking for Health 8 a.m. Chair Exercise (V) 9 a.m. Bible Study 10 a.m. Tai Chi w/Kathleen 10 a.m. Spanish Class (Beginners) 10 a.m. Bingo 11 a.m. Chair Volleyball 1 p.m. Chair Exercise (V) 1 p.m. Word Puzzles, Board Games, Cards, Creative Coloring
BREAKFAST DAILY: 9 A.M.		LUNCH DAILY: 12 P.M.		* MUST SIGN UP TO RECEIVE MEALS*
2 TRIP: Black Heritage Presentation at Mandarin 10:30 a.m.		3 Black History Trivia w/Deedee (In Classroom) 10:30 a.m.	4 Nutrition Education w/Sharon African Heritage Power Plate 9:30 a.m.	5 Northwest Behavior Group 10:00 a.m. Super Bowl LX Party 11:00 a.m. Please Register to Attend *Seniors on a Mission* Technology Popup Workshop Must Sign Up for a Session 10 a.m.
9 Valentine Craft w/Dee-dee 11 a.m.		10 Participant Meeting 12:30 p.m.	11 Conviva Tai Chi w/Charles 10 a.m. CENTER CLOSING EARLY FOR CAS MEETING	12 TRIP: Lotte' Supermarket 10 a.m.
16 CENTER CLOSED IN OBSERVANCE OF PRESIDENTS DAY		17 Presidents Day Trivia 10:30 a.m.	18 JEA SENIOR DAY Customer Solutions Center 10:00 a.m.	19 TRIP: Avenues Mall 10 a.m.
23 		24 Bold City Brass Black History Performance 11:00 a.m.	25 TRIP: Bridge the Gap 10 a.m.	26 Walk for Heart Day Wear Red / Walk Laps Get Informed! Snack Provided 11 a.m.
		27 Chair Volleyball w/Mandarin and Jim Fortuna 10:30 a.m.		