

OCEANWAY SENIOR CENTER

12215 W. Sago Avenue ~ Jacksonville, FL 32218 ~ (904) 255-6855 CAS: Donna Sizemore

FEBRUARY 2026

Monday – Friday 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>DAILY</u> Jigsaw/Word Puzzles Board/Card Games Adult Coloring Billiards Walking Bingo 9:15 a.m.	<u>DAILY</u> Jigsaw/Word Puzzles Board/Card Games Adult Coloring Billiards Walking Bingo 9:15 a.m.	<u>DAILY</u> Jigsaw/Word Puzzles Board/Card Games Adult Coloring Billiards Walking	<u>DAILY</u> Jigsaw/Word Puzzles Board/Card Games Adult Coloring Billiards Walking Bingo 9:15 a.m.	<u>DAILY</u> Jigsaw/Word Puzzles Board/Card Games Adult Coloring Billiards Walking Bingo 9:15 a.m.
BREAKFAST - 9:00 A.M. LUNCH - 12 P.M. ACTIVITIES SUBJECT TO CHANGE				
2 Stuart Davis, First Florida Credit Union Presentation: Avoiding Scams/Fraud 10:30 a.m.	3 Site Council Meeting 10:30 a.m. OUTING: Publix 10:30 a.m.	4 Bible Study 10:00 a.m. Black History Month Presentation 10:30 a.m. Line Dance 11:00 a.m.	5 Chair Exercise (V) 10:30 a.m. Participant Meeting Noon	6 Bingo with Blake 9:15 a.m. Lanier Rehab Healthy Eating / Food Demo Feeding NE Florida 10:30 a.m.
9 Emily with SHINE 10:30 a.m. Medicare Fraud Presentation	10 Chair Exercise (V) 9:30 a.m. OUTING: Thrift Store Emerson Street 10:30 a.m.	11 Bridge the Gap Bus Departs 9:15 a.m. (Bring Tote/Insulated Bag) *Bible Study 10 a.m. *Black History Month Presentation 10:30 a.m. *Line Dance 11:00 a.m. Center Closes at 2:00 for Staff Meeting	12 Brain Games with Samara, UF Extension Office 10:30 a.m.	13 Valentine Party 11 a.m. Wear Red and White
16 CENTER CLOSED IN OBSERVANCE OF PRESIDENTS DAY	17 OUTING: Roses/Winn Dixie Gateway 10:30 a.m.	18 Bible Study 10 a.m. Black History Month Presentation 10:30 a.m. Line Dance 11 a.m.	19 Chair Exercise 10:45 a.m. (V)	20 OUTING: Whole Foods w/Dietician Sharon Lutheran Bus leaves at 10 a.m.
23 Sharon Lutheran 10:45 a.m. Nutrition Education Topics African Heritage Power Plate The 4 Powerful Food Groups	24 Bingo with Rob Bradshaw Insurance 10:30 a.m.	25 Bible Study 10 a.m. Black History Month Presentation 10:30 a.m. Line Dance 11 a.m.	26 OUTING: Restaurant Golden Corral 10:30 a.m. (Self Pay)	27 Northwest Behavioral 10:30 a.m. Side Room Birthday Celebrations Noon