

# FRANCES PADGETT ARLINGTON SENIOR CENTER

## FEBRUARY 2026

1078 Rogero Rd. ~ Jacksonville, FL 32211 ~ (904) 255-6733 Specialist: Courtney Bend

Monday – Friday - 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u><b>Daily Schedule</b></u> Chair Yoga 8:30 a.m. Education Materials 8:30 a.m. Word Games 9:30 a.m. Morning Walk 10 a.m. Computer Class 10:30 a.m. Current Events 11 a.m. “News Article” Bingo 12 p.m.  <u><b>All Day</b></u> Card Games / Dominos	<u><b>Daily Schedule</b></u> Education Materials 8:30 a.m. Blood Pressure 9:30 a.m. Historical Book Studies 10 a.m. Morning Walk 10 a.m. Current Events 11 a.m. “News Article” Jazzco Line Dance 12:30 p.m. ----- Square Dance 7 p.m.  <u><b>All Day</b></u> Card Games / Dominos	<u><b>Daily Schedule</b></u> Chair Yoga: 8:30 a.m. Education Materials 8:30 a.m. Trivia 9:30 a.m. Morning Walk 10 a.m. Current Events 11 a.m. “News Article” Computer Class 12 p.m. ----- Ballroom Dancing 7 p.m.  <u><b>All Day</b></u> Card Games / Dominos	<u><b>Daily Schedule</b></u> Education Materials 8:30 a.m. Blood Pressure 9:30 a.m. Historical Book Studies 10 a.m. Morning Walk 10 a.m. Current Events 11 a.m. “News Article” Bingo 12 p.m.  <u><b>All Day</b></u> Card Games / Dominos	<u><b>Daily Schedule</b></u> Chair Yoga 8:30 a.m. Education Materials 8:30 a.m. Word Games 9:30 a.m. Current Events 11 a.m. “News Article” Bingo 12 p.m.  <u><b>All Day</b></u> Card Games / Dominos
BREAKFAST: 8:30 a.m.		LUNCH: 11:30 a.m.	Must Sign Up for Meals	Activities Subject to Change
2 Black History Month!  Aldi Shopping Trip 10 a.m.  Zumba Gold 10:30 a.m.	3 Northwest Behavior Health 9 a.m.  Crochet and Craft Group 10 a.m.  Mahjong 12 - 1 p.m.	4 Frances Padgett Site Council Meeting 10 a.m.  Zumba Gold 10:30 a.m.	5 Black History Month Spotlights 11 a.m.- 11:30 a.m.	6 Spanish Class 10 a.m.
9 National Pizza Day!  Pizza Party ~ Site Council Fundraiser 10:30 a.m.  Zumba Gold 10:30 a.m.	10 Participant Outing “Sweet Pete’s” 9:30 a.m.	11 Zumba Gold 10:30 a.m.  Bunko 12 p.m.	12 Frances Padgett Participant Meeting 11 a.m.  Crochet & Craft Group 10 a.m.	13 Valentines Day Celebration Site Council Raffle and Fundraiser Gift Basket sponsored by Archwell Health 10:30 a.m.
16 <b>CENTER CLOSED IN OBSERVANCE OF PRESIDENTS DAY</b>	17 Ross Shopping Trip 10 a.m.  Mahjong 12 - 1 p.m.	18 Bridge the Gap Outing 9:30 a.m. (Food Commodities) Must Sign Up - Be a Current Member of Frances Padgett Participate on a Daily Basis (Limited Space)	19 Nutrition Education with Dietitian Sharon 10:00 a.m. African Heritage Power Plate	20 Spanish Class 10 a.m.  Tai Chi Class w/Charles of Conviva 10 a.m.
23 Morning Movie 9:30 a.m.  Zumba Gold 10:30 a.m.	24 Walmart Supercenter Shopping Trip 10 a.m.	25 Zumba Gold 10:30 a.m.  Bunko 12 p.m.	26 Black History Month Presentation and Luncheon 10 a.m.	27 Game Day! Bad Mitten / Chair Volleyball Corn Hole / Basketball 10 a.m.