

BENNIE FURLONG SENIOR CENTER

281 19th Avenue South ~ Jacksonville Beach, FL 32250 ~ (904) 255-6730 Specialist: Dawn Avery

FEBRUARY 2026

Monday - Friday 8 a.m. to 5 p.m.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|--|
| <p>Daily Schedule Brain Games 8 a.m. Breakfast at 9 a.m. Chair Exercise 9:30 a.m. (I) (V)=Video (I)= Instructor</p> | <p>Daily Schedule Brain Games 8 a.m. Breakfast 9 a.m. Tai Chi Class 9:30 a.m. (V) Spanish Class 10:30 a.m. (I) Mexican Bingo 12:30 p.m. Fit & Fab 1:30 p.m. (I) (V)=Video (I)= Instructor</p> | <p>Daily Schedule Brain Games 8 a.m. Breakfast at 9 a.m. Chair Exercise 9:30 a.m. (I) Bible Study 10:30 a.m. Crochet and Knitting 1 p.m. Fit & Fab 1:30 p.m.(I) Ballroom Dance 7:00 p.m. (I)= Instructor</p> | <p>Daily Schedule Brain Games 8 a.m. Breakfast 9 a.m. Tai Chi Class 9:30 a.m.(V) Card Making 10 a.m. 1st & 3rd Thursdays (V)= Video</p> | <p>Daily Schedule Brain Games 8 a.m. Breakfast 9 a.m. Chair Exercise 9:30 a.m.(V) Card Games 10:30 a.m. Fit & Fab 1:30 p.m.(I) (V)= Video (I)= Instructor</p> |
| Breakfast Served Daily at 9 a.m. LUNCH Served Daily at 12:00 p.m. Activities Subject to Change | | | | |
| 2 Nutritional Education Sharon Lutheran w/Senior Services African Heritage Power Plate 10:30 a.m. | 3 Mexican Bingo 12:30 p.m. | 4 Knitting and Crocheting Class All Skill Levels Welcome 1:00 p.m. | 5 Shopping ~ Walmart 10:30 a.m. | 6 Card Games 10:30 a.m. |
| 9 Blood Pressure Screening 10:30 a.m. | 10 Mexican Bingo 12:30 p.m. | 11 Center Closing 2:00 p.m. Due to Staff Meeting | 12 Valentine's Day Party w/Nelson from Careplus 10:30 a.m.-12:30 p.m. (Wear Red!) | 13 Cards Games 10:30 a.m. |
| 16 CENTER CLOSED IN OBSERVANCE OF PRESIDENTS DAY | 17 JEA Presentation Managing Your Bill 10:30 a.m. | 18 JEA SENIOR DAY Customer Solutions Center Bus will depart at 9:15 a.m. | 19 Outing ~ Dockside Seafood Restaurant 10:30 a.m. | 20 Cards Games 10:30 a.m. |
| 23 Chair Yoga w//Madison Santiago from Tailored Homes 10:30 Medicare Fraud Prevention by Emily Harris w/SHINE 11:15 a.m. | 24 Mexican Bingo 12:30 p.m. | 25 Shopping ~ Publix 10:30 a.m. | 26 Counseling by Charles w/Northwest Behavioral 10:30 a.m. | 27 Cards Games 10:30 a.m. Birthday Celebration w/Conviva 12:00 p.m. |